








Community Support April 2023 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
				<p>1</p> <p>Life Skills and Culture Group 1-4 pm</p> <p>Traditions of Spring & Easter around the World</p> <p>Craft to follow</p>	<p>RSVP deadline for next weeks' events</p> <p>Cooking Group Group 3:00-6:00 Meet at TAAC</p>
3	4	<p>5 Cooking Group 3:00-6:00 pm</p> <p>Pork chops, Herb & Garlic mashed potatoes with carrots</p> <p>Workshop: Fall prevention</p>	<p>6 Social Rec 12:30 -5:30 pm</p> <p>Swimming & Fitness \$7</p> 	<p>7</p> <p>TACL CLOSED GOOD FRIDAY</p> 	<p>Thursday Social Recreation 12:30-5:30pm Meet at TAAC Unless otherwise stated</p>
<p>10</p> <p>TACL CLOSED Happy Easter</p> 	11	<p>12 Cooking Group 3:00-6:00 pm</p> <p>Group Planning meeting Workshop: Canada Food Guide & Mindful Eating</p> <p>Build our own heathy diet</p>	<p>13 Social Rec 12:30 5:30 pm</p> <p>Group planning meeting Disk Golf Snack \$15</p>	<p>14</p> <p>Life Skills and Culture Group 1-4 pm</p> <p>Virtual trip to Holland & Tulip Festival</p> <p>Craft to follow</p>	<p>Life Skills and Culture Group 1-4 pm Meet upstairs at TAAC</p>
17	18	<p>19 Cooking Group 3:00-7:00 pm</p> <p>Forrest House Dinner Shepard's Pie 4:45pm arrival Dinner 5pm</p> 	<p>20 Social Rec 12:30 -4:30 pm</p> <p>Outdoor Crafts & Games Meet @ Gyro Bring your own snack</p>	<p>21</p> <p>Life Skills and Culture Group 1-4 pm</p> <p>Art Therapy Workshop</p> <p>Group planning meeting</p>	<p>RSVP 250-368-3503 Extension 8</p>
23	24	<p>25 Cooking Group 3:00-6:00 pm</p> <p>Tacos, Soft and Hard Workshop: Food Storage</p>	<p>26 Social Rec 12:30 -5:30 pm</p> <p>Bowling \$5 per game \$1 hotdogs!!</p>	<p>27</p> <p>Life Skills and Culture Group 1-4 pm</p> <p>Employment Workshop</p>	<p>Community Support</p>

