







Community Support August 2023 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
	1	2 Cooking Group 3:00-5:45pm Ambrosia Salad	3 Social Rec 12:30 -5:15 pm Bowling \$5 per game Snacks \$5 p/p	4 Life Skills & Culture Group 1-3:45 pm Life Skills: Fire and Emergency Safety	RSVP deadline for next weeks' events Cooking Group Group 3:00-5:45 pm Meet at TAAC Thursday Social Recreation 12:30-5:15 pm Meet at TAAC Unless otherwise stated
7 TAAC CLOSED B.C. DAY 	8	9 Cooking Group 3:00-5:45pm Workshop: Food safe training	10 Social Rec 3:30 -8:15 pm Music in the Park Bring your own dinner or concession \$10p/p \$3 donation	11 Life Skills & Culture Group 1-3:45 pm Culture: New Zealand Mauri Craft to follow Team Meeting	
14 ** As the weather is hot please remember to bring Sunscreen/ Hats/Towels/Water to outdoor groups**	15 	16 Cooking Group 3:00-5:45 pm Veggie Platter with dip Team meeting	17 Social Rec 12:30 5:15 pm Disc Golf Snack \$5p/p Team Meeting	18 Life Skills & Culture Group 1-3:45 pm Life Skills: Meditation & Yoga for wellness	Life Skills and Culture Group 1:00-3:45 pm Meet upstairs at TAAC RSVP 250-368-3503 Extension 8 Community Support
21	22	23 Cooking Group Moved to July 24th	24 Social Rec 9:30 -5:15 pm All day Ainsworth Hot Springs \$20p/p Bring your own lunch	25 Life Skills & Culture Group 1-3:45pm Culture: Japan with craft to follow	
28	29 	30 Cooking Group 3:00-5:45 pm Chef's Salad	31 Social Rec 12:30 -5:15 pm Gyro End of Summer BBQ \$6p/p Hamburger, chips, drink. GAMES!	SEE YOU NEXT MONTH 