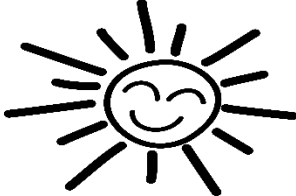
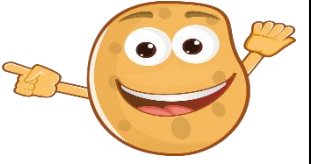


Community Support August 2025 Calendar

MONDAY	TUESDAY Cooking Group 12:30 - 4:45 pm	THURSDAY Social/Recreation 12:30 - 5:15 pm	FRIDAY	Program Info
				Tuesday Cooking Group 12:30-4:45pm Meet at CIC
	Potato Salad Berry Sparklers Knife safety First Aid - Heat		 gg78046189 GoGraph.com	Thursday Social & Rec 12:30-5:15pm Meet at CIC Unless otherwise stated
	Black Bean & Corn Salad Watermelon Mint Refresher Knife Skills			RSVP Deadline for next weeks' events Every Friday
	Ambrosia Salad Cucumber Lime Spritz Knife Safety Planning for Sept/monthly drill.			RSVP 250-512-9224
	Mexican Cornbread Salad Peach Bellini Mocktail Knife Skills			Community Support

- This month we will focus on skills and safety when using kitchen knives. First aid will be heat exhaustion vs heat stroke.