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SENIORS PROGRAM CALENDAR AUGUST 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
28 	29	30	31	1 Seniors Rock- TAAC Gym 1:30-3:30 (snacks)	
4	5 Late Life Planning Alpha House- 10a-11a Fruitvale House- 2p-5p	6 Community Meeting 1:30-4:30 Tour the Fire Station A&W Trail \$5	7	8 	
11	12 Late Life Planning Alpha House- 10a-11a (Fruitvale House- 2p-5p)	13 Monthly Planning Seniors Cooking at the Inclusion Centre 1:30-4:30 PM	14 	15 Seniors Rock- TAAC Gym 1:30-3:30 (snacks)	
18 	19 Late Life Planning Alpha House-10a-11a Fruitvale House- 2p-5p	20 Gold Fever Follies Miners Hall Rossland 2:30p-6:30p Pay at the door \$15.00	21	22 Seniors Rock- TAAC Gym 1:30-3:30 (snacks afterward)	
	26 Late Life Planning Alpha House-10a-11a Fruitvale House- 2p-5p	27 Community Meeting 1:30p-4:30p Tim Hortons \$5	28	29 Seniors Rock- TAAC Gym 1:30-3:30 (snacks)	