





2020 TAAC DAY PROGRAM DECEMBER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine
30 Welcoming Wellness 9:15-10 Health activity – Safety Meeting: Covid safe practices; – Singing Christmas carols – Group circuit learning	1 Welcoming Wellness 9:15-10 :00 Health activity – Put up Christmas tree; – Decorate for Christmas; – Reindeer games & Hot Cocoa 	2 Welcoming Wellness 9:15-10 :00 Health activity – Singing Christmas carols – Pen Pal Program; – Crafts: decorate Christmas stockings; – Armchair Travel: North Pole & Santa’s workshop	3 Welcoming Wellness 9:15-10 :00 Health activity – Scavenger hunt walk: boundaries & how do I get there game – Workshop: Boundaries and communication; – Active communication activity	4 Welcoming Wellness 9:15-10 :00 Health activity – Pajamas & Pizza Party! \$10 – Christmas movie and popcorn. – Wear your PJ’S 	Welcome to Day Program <i>We try our best to stick to the following routine daily, unless otherwise stated:</i> 8:30am – 9:00am: arrivals & day prep; 9:00am – 9:30am: Morning check-in; 9:30am – 10:30am: Let the day begin with games, activities, workshops... Noon – 1:00pm: Lunch & clean-up; 1:00pm – 3:00 pm activity/ craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions 3:00– 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance <i>* Pre-Selected Groups “SG”:</i> are not open to everyone individuals are pre-selected based on varied requirements.
7 Welcoming Wellness 9:15-10 :00 Health activity – Safety Meeting: Covid safe practices; – Current events discussion ; – Goal building; – Group circuit learning;	8 Welcoming Wellness 9:15-10 :00 Health activity – Learn: Christmas traditions & music from around the world; – Build your own gingerbread house 	9 Welcoming Wellness 9:15-10 :00 Health activity – Singing Christmas carols; – Pen Pal Program; – Christmas crafts Mexican style; – Armchair Travel: Mexico	10 Welcoming Wellness 9:15-10 :00 Health activity – Workshop: Boundaries and self-care; – Self care spa afternoon 	11 Welcoming Wellness 9:15-10 :00 Health activity – Bus safety talk; Social distance reminders; – Bus to Rossland; – Coffee and peer socializing; – Afternoon Bingo	
14 Welcoming Wellness 9:15-10 :00 Health activity – Safety Meeting: Covid safe practices; – Goal building; – Team Meeting; – Group circuit learning	15 Welcoming Wellness 9:15-10 :00 Health activity – Music Group: Rent a van; – Singing for the community and families; – Afternoon Christmas games	16 Welcoming Wellness 9:15-10 :00 Health activity – Pen Pal Program; – Arm chair travel: England – Cooking Club: Figgy pudding 	17 Welcoming Wellness 9:15-10 :00 Health activity – Recycling day “SG” – Workshop: Boundaries and friendship; – Friendship activities & art	18 TAAC CHRISTMAS PARTY! – Ugly sweater contest; – Dancing & karaoke; – Chinese food lunch; – Hot chocolate & cookies; – Gifts and prizes; – Christmas movie	
21 Welcoming Wellness 9:15-10 :00 Health activity – Safety Meeting: Covid safe practices; – Year end team meeting; – Goal Building; – Group circuit learning	22 Welcoming Wellness 9:15-10 :00 Health activity – Scavenger hunt: Trail locations – Community connections: Where can we go for support? – Laundry club: Stain removal and washing clothes	23 Welcoming Wellness 9:15-10 :00 Health activity – Pen pal program; – Current events discussion; – Craft: Islandic Christmas crafts; – Armchair Travel: Iceland	24 Welcoming Wellness 9:15-10 :00 Health activity Christmas Eve Day! – Games – Crafts – Cookies & Hot Cocoa	25 Merry Christmas!  TAAC CLOSED	
28 TAAC CLOSED 	29 Welcoming Wellness 9:15-10 :00 Health activity – Goal building – Book Club: Our personal 2020 story; – Music group; the 80`s. Dress up; Karaoke	30 Welcoming Wellness 9:15-10 :00 Health activity – Pen Pal Program; – Vision boards: Looking ahead to 2021; – What do I want for my future?	31 NYE 2021! Gala Party at TAAC – Fancy dress; – Mocktails & Appies; – Games & dancing; – Armchair travel to Times Square and NYC – NYE celebration at 12pm!	See you next year!!!! 	

All activities are accessible to everyone unless this symbol is beside the activity.



