












# 2021 TAAC DAY PROGRAM DECEMBER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine
 <p>shutterstock - 734639239</p>		<b>1 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Put up Christmas Tree!</li> <li>- Decorate for Christmas</li> <li>- Games &amp; hot cocoa</li> </ul> 	<b>2 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Recycling Day</li> <li>- Book Buzz</li> <li>- Workshop: Yule Log</li> </ul>	<b>3 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Social Group: Coffee in the Community</li> <li>- Bowling @ Glenmerry Bowl!</li> </ul> 	<b>Welcome to Day Program</b> <i>We try our best to stick to the following routine daily, unless otherwise stated:</i>  8:30am – 9:00am: arrivals & day prep;
<b>6 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Safety Meeting: Covid safe practices;</li> <li>- Current events discussion ;</li> <li>- RANDOM Acts of Kindness Discussion</li> </ul>	<b>7 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Shopping for Supplies</li> <li>- Games @ Youth Centre</li> <li>- Music Group : Karaoke</li> </ul> 	<b>8 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Cooking Club: Chili &amp; bun</li> <li>- Armchair travel Mexico</li> <li>- Christmas Project: Wreath</li> </ul> 	<b>9 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Recycling Day</li> <li>- Christmas Project cont</li> <li>- Workshop: Boundaries and self-care</li> </ul>	<b>10 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Book Buzz</li> <li>- Rent Movie Theatre!</li> </ul> 	9:00am – 9:30am: Morning check-in;  9:30am – 10:30am: Let the day begin with games, activities, workshops...  Noon – 1:00pm: Lunch & clean-up;
<b>13 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Safety Meeting: Covid safe practices;</li> <li>- Art Therapy : Canvas</li> <li>- Side BY Side Modules</li> </ul>	<b>14 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Games @ Youth Centre</li> <li>- Book Buzz</li> <li>- Music Group: Musical Games</li> </ul> 	<b>15 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Current Events Discussion</li> <li>- Arm chair travel: Japan</li> </ul> 	<b>16 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Recycling day "SG"</li> <li>- Workshop: Boundaries and friendship;</li> <li>- Friendship activities &amp; art</li> </ul>	<b>17 Welcoming Wellness</b> <b>9:15-10 :00 Health activity</b> <b>-Bus safety talk; Social distance reminders;</b> <b>-Bus to mall</b> <b>-Christmas Shopping &amp; lunch out;</b> <b>-Afternoon Bingo</b>	1:00pm – 3:00 pm activity/craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions  3:00– 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance
<b>20 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Safety Meeting: Covid safe practices;</li> <li>- Year end team meeting;</li> <li>- Goal Building;</li> <li>- Group circuit learning</li> </ul>	<b>21 Welcoming Wellness</b> <b>RED &amp; GREEN Day!!</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Games @ Youth Centre</li> <li>- Shopping for Supplies</li> <li>- Christmas Craft: Cards</li> <li>- Music Group: Karaoke Christmas Themed</li> </ul>	<b>22 Welcoming Wellness</b> <b>HOLIDAY HAT DAY!</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- Current events discussion;</li> <li>- Christmas puzzles etc</li> <li>- <b>Baking: Christmas Cookies</b></li> <li>- Armchair Travel: The Artic</li> </ul>	<b>23 Welcoming Wellness</b> 9:15-10:00 Health Activity <b>TAAC</b> <b>CHRISTMAS PARTY !</b> <b>Pizza Party &amp; Gift Exchange</b> 	<b>24 Welcoming Wellness</b> <b>9:15-10:00 Health Activity</b> <b>Twas the Day before christmas ...</b> <b>Pjs &amp; popcorn!</b> <b>Christmas movies, games &amp; fun</b>	* <i>Pre-Selected Groups "SG":</i> are not open to everyone individuals are pre-selected based on varied requirements.
<b>27</b> <b>TAAC CLOSED</b>  	<b>28</b> 	<b>29 Welcoming Wellness</b> 9:15-10 :00 Health activity <ul style="list-style-type: none"> <li>- <b>Book Buzz</b></li> <li>- <b>Current Events Discussion: looking into the future for what I want</b></li> </ul>	<b>30 Welcoming Wellness</b> <b>9:15-10 Health Activity</b> <ul style="list-style-type: none"> <li>- <b>Recycling Day</b></li> <li>- <b>Baking for NYE</b></li> <li>- <b>Workshop: traditions of New Year resolutions</b></li> </ul>	<b>31</b> <b>WELCOMING 2022!</b> <b>Celebrtion at TAAC @ 12PM</b> <b>Games &amp; Music</b> <b>Armchair travel to Times Square and NYC</b>  	All activities are accessible to everyone unless this symbol is beside the activity.

