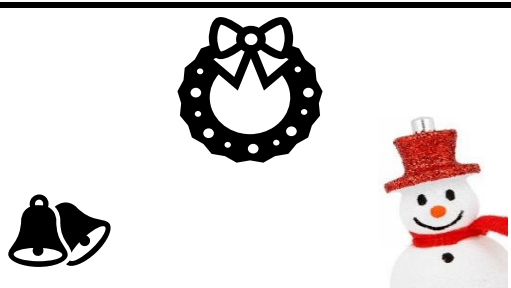




December 2023 - TACL DAY PROGRAM ACTIVITY CALENDAR



WELCOME!!! DAY PROGRAM IS OPEN AT 8:00 AM AND STARTS WITH WELCOMES, CHECK INS AND CHIT CHATS. END OF THE DAY IS AT 4:00 PM. PLEASE KEEP IN MIND THAT IF YOU ARE SICK, PLEASE STAY HOME. THANK YOU FOR YOUR UNDERSTANDING



1st Friday
 8:00 Morning Greetings & Sign-in
 9:00 Roll The Dice & Move
 10:00 Book Buzz-Deck the Halls
 11:00 How to write a letter & Mail it
 12:00 Lunch
 1:00 Decorate for Christmas
 1:50 Hot Chocolate with a Cookie
 3:00 Word Search-Christmas

4th Monday
 8:00 Morning Greetings & Sign-in
 9:00 Just Dance/Mindfulness
 10:00 Counting Pop Bottles
 11:00 History of Christmas
 12:00 Lunch
 1:00 Life Skills-Self Care
 1:50 Drawing Christmas Theme
 3:00 Find the Difference

5th Tuesday
 8:00 Morning Greetings & Sign-in
 9:00 Tai Chi/Mindfulness
 10:00 Games Group/Shopping
 11:00 Goal Activity/ Small Groups
 12:00 Lunch
 1:00 Theatre Games
 1:50 Music-Christmas Carols
 3:00 Creative Writing-Snowflake

6th Wednesday
 8:00 Morning Greetings & Sign-in
 9:00 Am Stretch / Digital Learning
 10:00 Cook Cream of Broccoli & Potato soup
 11:00 What is Our Personal Bubble
 12:00 Lunch
 1:00 Unicorn Craft &
 1:50 Unicorn Hot Cocoa
 3:00 Side by Side Modules

7th Thursday
 8:00 Morning Greetings & Sign-in
 9:00 Body Balance / Recycle Prep
 10:00 Brain Games
 11:00 Make Paper Snowflakes
 12:00 Lunch
 1:00 Money Money Money
 1:50 Christmas Around the World
 3:00 Card Games

8th Friday
 8:00 Morning Greetings & Sign-in
 9:00 Roll The Dice & Move
 10:00 Make a Christmas Swag
 11:00 Cont. Christmas Swag
 12:00 Lunch
 1:00 Cultural Documentary - Finland -
 1:50 "Hold Your Breath"
 3:00 Name that Tune

11th Monday
 8:00 Morning Greetings & Sign-in
 9:00 Roll The Dice & Move
 10:00 Centre Pride Organization
 11:00 Prep for Party & New Year
 12:00 Lunch
 1:00 History of St. Nicholas
 1:50 Santa Art-Draw or Paint
 3:00 Find the Difference

12th Tuesday
 8:00 Morning Greetings & Sign-in
 9:00 Am Stretch/Mindfulness
 10:00 Games Group
 11:00 Goal Activity/ Small Groups
 12:00 Lunch
 1:00 Theatre Games
 1:50 Carols from Around the Globe
 3:00 Pic Bingo

13th Wednesday
 8:00 Morning Greetings & Sign-in
 9:00 Body Balance/Digital Learning
 10:00 Bus/Van to Mall. Bring your list
 11:00 & Money. Bus leaves at 9:59am
 12:00 Lunch - Purchase or BYOL
 1:00 Bus Returns at 1:50PM
 1:50 Watch Frosty The Snowman
 3:00 Word Search-Snowman

14th Thursday
 8:00 Morning Greetings & Sign-in
 9:00 Flex It / Recycle Prep
 10:00 Make Bubbly Bath Fizzies
 11:00 & Shower Fizzies
 12:00 Lunch
 1:00 Printing Practice
 1:50 Computer Games
 3:00 Card Games

15th Friday
 8:00 Morning Greetings & Sign-in
 9:00 Tai Chi/Mindfulness
 10:00 Book Buzz-Joy to the World
 11:00 Christmas work sheets
 12:00 T.A.C.L.
 1:00 Christmas Social
 1:50
 3:00 at the Legion

18th Monday
 8:00 Morning Greetings & Sign-in
 9:00 Tai Chi/Mindfulness
 10:00 All about the North Pole
 11:00 Online Safety/Digital Learning
 12:00 Lunch
 1:00 Life Skills-We all have Rights
 1:50 Yours Rights My Rights Worksheets
 3:00 Card Games

19th Tuesday
 8:00 Morning Greetings & Sign-in
 9:00 Body Balance/Mindfulness
 10:00 Games Group/Shopping
 11:00 Goal Activity/ Small Groups
 12:00 Lunch
 1:00 Theatre Games
 1:50 Music - Tempo Games
 3:00 Word Search

20th Wednesday
 8:00 Morning Greetings & Sign-in
 9:00 Prep for Day Program Party
 10:00 Cont. Party Prep & Start Meal Prep
 11:00 Make Luncheon Subs
 11:30 Early Lunch w/CS
 1:00 Day Program Gift Exchange &
 1:50 Winter Celebration
 3:00 Find the Difference

21st Thursday
 8:00 Morning Greetings & Sign-in
 9:00 Just Dance/ Recycle Prep
 10:00 Clean up from Party
 11:00 Brain Games
 12:00 Lunch
 1:00 Christmas Movie
 1:50 & Popcorn
 3:00 Pic Bingo

22nd Friday
 8:00 Morning Greetings & Sign-in
 9:00 Roll The Dice & Move
 10:00 Make Your Own Speciality
 11:00 Coffee & Team Meeting
 12:00 Lunch
 1:00 Bingo &
 1:50 Prizes
 3:00 Name that Tune

25th Monday

Christmas Day

26th Tuesday
Boxing Day
STAT

27th Wednesday
 8:00 Morning Greetings & Sign-in
 9:00 Roll The Dice & Move
 10:00 Sharing Time: How was your Christmas
 11:00 Prep for bowling and Drive
 12:00 Lunch at Glenmerry Bowling Alley &
 1:00 Bowling Time
 1:50 Return to Day Program

28th Thursday
 8:00 Morning Greetings & Sign-in
 9:00 Am Stretch / Recycle Prep
 10:00 Count Pop Bottles
 11:00 New Years - Goals-Vision Board
 12:00 Lunch
 1:00 Computer Games
 1:50 New Years Craft

29th Friday
 8:00 Morning Greetings & Sign-in
 9:00 Just Dance/Mindfulness
 10:00 Make your own Ball Drop for
 11:00 New Years
 12:00 Lunch
 1:00 Movie-Are We There Yet?
 1:50 New Years Eve Themed movie



STAT

3:00 Side by Side Modules

3:00 Find the Difference

3:00 Name That tune

