



# TACL NewsLinks

**Trail Association for Community Living**

**Fall 2014**

And the winner is.....the new TACL logo.  
Thank you to all who participated in the vote!



## Community Living Month

October is Community Living Month. Although TACL programs and activities focus on inclusion all year, we are planning to celebrate with some extra activities:

- Forrest Place is handing out candy at the Warfield Community Halloween Party
- Fruitvale House is sharing costumes with Fruitvale Elementary School
- Alpha House is hosting a BBQ for all programs
- Day Program is selling “brookies” and will donate the proceeds to breast cancer

There is a Halloween Dance scheduled for the 31st at TAAC

### Board of Directors

*William Westcott—President*

*Juris Harlamovs-Vice-President*

*Jeannette Jarvie-Director*

*Jennifer Cook-Treasurer*

*Leone Gregory-Recording Secretary*

*Wendy Hackett-Director*

*Christette Cromarty-Parent Advocate/Advisory*

*Jim Rees-Parent Advocate/Advisory*

*Beth Millington-Self-Advocate*

*A warm welcome is sent to our new board members Leone and Wendy*

## Silver City Limitless Theater Company

**Presents:**

### Broadcasting Common Sense

Performers have been diligently rehearsing for the big show!

The production was a great hit last year and as a result two

performances will be held this year.

October 23rd & 24th.

Tickets sold out quickly last year so get them early.

Mark the dates on your calendar!!

Tickets are \$5 each; available from Korrie @ 1565 B Bay Ave or Cindy @ 1565 Bay Ave





## RETIREMENTS

This summer we celebrated the retirement of Gail Miller.

Gail was Community Living Manager for TACL.

She will be able to enjoy her retirement, along with her husband, doing the things she loves most.

Everyone at TACL wishes you all the best in the beginning of a new chapter. We wish you lots of smiles and beautiful moments with the ones you love.

Enjoy these days ahead!!



## A WORD FROM THE EXECUTIVE DIRECTOR

As the season changes from a summer to fall we all start to reflect back on the past year and dream about the coming Holiday Season and the New Year.

We have been very busy over the last several months enjoying vacation time with the people we support and their families, organizing fundraising events and participating in a number of community inclusive activities. TACL continues to directly support an increased number of community members and their families each year.

I am proud of TACL, and fortunate, to be surrounded by such a dedicated team of supporters, who continue to make certain that people we support are able to enjoy their rights to lead active and productive lives in their community.

I would like to welcome our new Board Member, Leone Gregory and thank the members and Parent Advocates who will continue supporting TACL in the coming year; you are truly a dedicated group that has worked very hard to make huge accomplishments over the last year!

Most of all I would like to thank the people we support for their honesty and natural kindness to one another and everyone here at TACL.

Thank you, Nancy Gurr

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## Parent Advocates

**Christette Cromarty** has been a member of the TACL board and volunteer since 2006. As a parent of an individual served, I have extensive knowledge about the challenges and rewards of raising a child and adult with special needs and is a strong advocate for the rights of persons served. Christette is an instructor at Selkirk College, has earned the Provincial Instructor Diploma, and is a Practitioner and Fellow member of the American Association for Healthcare Documentation Integrity.

**James Rees** has been a member and director on and off since 1990. I was a Founding Member of the Children's Development Centre back in 1970. I had a son supported by a Micro-board for 10 years. I served as a member of The Interim Authority prior to the establishment of CLBC in 2003.



## How to Contact TACL

We have gone to Cyber Space! TACL has gone digital.

**Check out our web sites!**

[www.taclkootenays.com](http://www.taclkootenays.com)

[www.cdskootenays.com](http://www.cdskootenays.com)

TACL has also entered the world of social media with the goal to create an online community where you can pick up information and share your stories and experiences.

Find us on Facebook and become a follower of our pages

### **TACL Facebook pages**

<https://www.facebook.com/#!/pages/Trail-Association-For-Community-Living/120067258151399>

<https://www.facebook.com/#!/pages/Career-Development-Services/40094324638>

### **NEWSLETTER BY E-MAIL!**

Would you like to receive your newsletter by email?

If so, please email Sandy at [tacl2@telus.net](mailto:tacl2@telus.net)



## Alpha House

Alpha House has had a busy Spring and Summer. Residents enjoyed a holiday at Halcyon Hot Springs as well as a camping trip. We have been to several community events including: Nelson Air Show, Golden City Days, the parade in Trail, Silver City Days, the Trail Market, Harding Ranch and the list goes on.

Welcome to Tammy Robson, Alpha House's new supervisor!

Special O Bowling has started with 4 residents participating.

Tammy, Alpha House Supervisor



We have been enjoying the good weather that summer brought! We travelled to Kelowna twice to do some site seeing and shopping. This spring we hosted a fundraiser at Liberty Foods; flipping burgers and hot dogs.

Two individuals are honing their acting skills at the theatre group

and will perform in October. All the residents are happy with the changes to day program and are more involved in their own community.

Four residents have started Special O Bowling.

The kitchen cupboards are done!!!! A fresh coat of paint to spruce up the kitchen.

## Fruitvale House





## Forrest Place

Forrest Place had a great time in Disneyland!!

Fundraising was done throughout the summer to help with the costs of the trip.

Residents have attended weddings, visits with family, and activities in the community.

Two individuals have been rehearsing for the big production at the end of the month, one has been working along side his brother.

Special O has started up again with two individuals participating.

We will be volunteering at the Warfield Community Hall handing out candy on Halloween.





## Community Support Program



Our group has been busy with recycling bottles/cans for a fundraiser and will be planning something adventurous in the spring! We volunteered our services at Movie in the Park Night and it was a fun but chilly evening. We also recently volunteered and some individuals participated in the Arlington meat draw. We look forward to helping at the next one in November. groups and looking forward to more in the future.

Our cooking group has been busy finding new and exciting recipes and exploring different vegetables and interesting ways to cook them. We have a few new faces in our groups and looking forward to more in the future.

Community Support went on a trolley car ride in Nelson Everyone loved it! Our thanksgiving turkey dinner was a huge success as well! Delicious!!





## Day Program

Welcome, everyone, to a peak at our day support services.

We've seen some significant changes to program delivery in the last few months. Where previously we were combining our efforts, programs, and supports with those of our residential programs, we now focus the majority of our efforts and supports to our own program. Many services are delivered within an employment skills framework wherein daily, weekly, and monthly schedules reflect activities that are approached from a job coaching perspective. We continue to provide a wide variety of social and recreational activities, usually on Fun Friday. Over the last few months we have supported individuals to experience cosmetic improvements to our building, picnics with friends from Castlegar, exploring at Nancy Greene Lake, the Trail Market, potlucks, games, and an appreciation luncheon.



In the coming months, we will be supporting individuals to prepare for a charity fundraiser with "Brookies" sales proceeds going to the Breast Cancer Society of Canada. All of our efforts will culminate in a one day event on Friday October 24 when we "Dress for the Cause". This event and preparation will include community inclusion, giving back, and working together to accomplish a goal. In November we will be participating, once again, and in cooperation with our Child and Youth Program, at the Waneta Plaza annual community bake sale.





## Children & Youth Program

We have turned a new leaf into a new season and into a new school year, finally! We had a great summer with lots of swimming, movies, crafts, and tours and trips. As October is ‘pumpkin’ up ;), the group will have lots of the same activities, as well as life skills, social skills, and coping skills and the appearance of a new program called ‘Circles’ soon.

As you may have noticed, we are welcoming two new staff onto our team, Renee and Pier! Yay! They have been a great addition, with lots of creative ideas which are much appreciated. Our youth have quickly built rapport with them as well. We are also welcoming three new youth to the group who seem to be enjoying the group and company of others!

The CYC group is also partnering up with MCFD to establish a youth drop in program. To further explain what this may look like, there has been a bit of discussion about community activities to increase social and life skills. Will have more information ASAP J

Staff has been busy planning another party (which is Pirate theme) for our referral families in order to introduce them to our current participants. We also include the families of our youth to give potential parents an idea what having their youth participate in group would be like.





A couple of things to take note of with CDS is the "Coins for Change" awareness/fundraising event that was held on September 9th with 25 individuals sleeping under the bridge to raise awareness for our "Getting to Home" project. There were over 100 community members that stopped by to give their support and gather information about the project and we raised just over 8,000.00 for our project. We hope to make this an annual event and will be looking for more volunteers next year.

CDS is developing a Community Inclusion Centre that is located at 1460 Bay Ave that will house our wood store, community learning facility and community inclusion centre where individuals receiving support can go to meet friends and build skills. This centre will be utilized by a number of organizations including CDS, COINS (Circle of Indigenous Nations), West Kootenay Brain Injury Association, a pottery studio and Probations. We hope to be having an open house at our store front the first week of November and anticipate people will be doing some serious Christmas Shopping.





## Helping Hands

Helping Hands was a great success at the Trail Market.

TACL individuals took turns participating in the helping hands program. They would help community members bring their purchases to their vehicles for a donation.

Every market day, the individuals had the opportunity to be part of their community, do some socializing, and lend a “helping hand”

The Market is winding down for the season but everyone looks forward to next year!



## FUNDRAISING

As a non-profit organization, fundraising always plays a big part in what we do. Fundraising adds value and excellence to our programs beyond our funded capacity. This year TACL has added some fundraising ideas; they include:

- \* Purdy’s Chocolates; 25% of the profit goes to TACL. Shop online at [www.purdysgpp.com](http://www.purdysgpp.com); register or login and join our group by entering: 29351. Forms are available in the catalogue. Return them to Tracy by Nov 25th, with payment if you would like to place an order.
- \* Shopandshare.ca—donations are made to the charity of your choice when you sign up for a free account. Every time you make an on-line purchase a percentage is given to your charity at no cost to you. There are over 150 retailers to choose from.
- \* Meat Draws at the Arlington: Nov14th, Dec 12th, Jan 9th from 4-630 pm.
- \* Look for a complete list of ways to donate on the website: [taclkootenays.com](http://taclkootenays.com)

TACL thanks you in advance for any donations and support.

## **VOLUNTEERING—One of the most fulfilling things you will do!!**

Do you have a **hobby** or **interest** you can share?

Do you have **time** on your hands?

Our **volunteers** make a **difference**.

Call today to receive a volunteer package





Fall has begun a new season of change. To beat the blues, get out and enjoy the activities offered during the fall and winter. Take advantage of the cool crisp days ahead!! Take a walk on the beautiful trails around the region, pick some apples, or carve a pumpkin. Start a hobby or exercise program; anything to keep you busy during what can be a long fall/winter season.



**NOVEMBER 2ND** is the day to fall back.  
Don't forget!! Clocks go back one hour.



Flu shots will be November 5th at 11am for all TACL participants, family, and staff. If you want the flu shot, please let TAAC know so we have enough on hand. The residences will be done the same day at their site with a prearranged time.



Trail Association for Community Living

# ANNUAL CHRISTMAS PARTY

November 29  
Cocktails 5:00  
Italian Dinner 6:00 p.m.

The Riverbelle

*Music by: Jason Thomas*

*Tickets are \$26.00 each*

Please R.S.V.P. by November 20  
to Korrie @ office  
korrie.tacl@telus.net or  
call (250) 364-3503





## **TACL Would Love to Hear From You**

We are always looking for new ideas and ways we can improve our services. If you have any comments, questions, concerns, or ideas, please take this opportunity to let us know. This is your opportunity to share; your input or ideas might be the “Out of the Box thinking” that could change the world.

Simply fill out the bottom portion and send it to us either by mail or drop it off at the office..

Mail = Box 131 Trail, V1R 4L3

Drop off - TACL—1565 Bay Ave

Send us an email [tacl@telus.net](mailto:tacl@telus.net) or [tacl2@telus.net](mailto:tacl2@telus.net)

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Your Name and Contact information: \_\_\_\_\_

We look forward to hearing from you !