





2021 TAAC DAY PROGRAM FEBUARY CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine
1 Welcoming Wellness 9:15-10 Health activity - Safety Meeting: Covid safe practices; - Goal building; - Group circuit learning	2 Welcoming Wellness 9:15-10 :00 Health activity - Groundhog Day! Will he see his shadow? - Current events roundtable; - Book Club: James and the Giant Peach pt. 1; - Discussion and activity	3 Welcoming Wellness 9:15-10 :00 Health activity - Improv games; - Pen Pal Program; - Armchair Travel: Sweden; - Activity: Traditional Swedish Craft	4 Welcoming Wellness 9:15-10 :00 Health activity - Decorate for Valentines day; - Workshop: Food and cooking Safety; - Activity to follow	5 Welcoming Wellness 9:15-10 :00 Health activity - Sports Day AT TAAC! - Games and prizes 	<p>Welcome to Day Program <i>We try our best to stick to the following routine daily, unless otherwise stated:</i></p> <p>8:30am – 9:00am: arrivals & day prep;</p> <p>9:00am – 9:30am: Morning check-in;</p> <p>9:30am – 10:30am: Let the day begin with games, activities, workshops...</p> <p>Noon – 1:00pm: Lunch & clean-up;</p> <p>1:00pm – 3:00 pm activity/craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions</p> <p>3:00– 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance</p> <p><i>* Pre-Selected Groups "SG": are not open to everyone individuals are pre-selected based on varied requirements.</i></p> <p>All activities are accessible to everyone unless this symbol is beside the activity.</p> 
8 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Current events discussion; - Goal building; - Group circuit learning	9 Welcoming Wellness 9:15-10 :00 Health activity - Learn: Token Economy; - What is it and how does it work? - Let's start our token economy project; - Music Group: Karaoke; - Ballads and love songs	10 Welcoming Wellness 9:15-10 :00 Health activity - Pen Pal Program; - Cooking group: Spaghetti; - Armchair travel: Italy 	11 Welcoming Wellness 9:15-10 :00 Health activity - Improv games; - Workshop: Home and neighbourhood safety; - Activity to follow	12 Welcoming Wellness 9:15-10 :00 Health activity Valentines Day Dance and Party; cookies and refreshments; - Afternoon Bingo & prizes <p><i>Be Mine Valentine</i></p> 	
15 Family day TAAC Closed	16 Welcoming Wellness 9:15-10 :00 Health activity - Improv games; - Scavenger hunt; - Book Club: James and the Giant Peach pt. 2; - Discussion and activity	17 Welcoming Wellness 9:15-10 :00 Health activity - Pen Pal Program; - Armchair Travel: China; - Learn: Chinese new year traditions; Fortune cookies and tea	18 Welcoming Wellness 9:15-10 :00 Health activity - Workshop: Traffic and community safety; - Self Advocacy Zoom Meeting with N.C.S.	19 Welcoming Wellness 9:15-10 :00 Health activity - Bowling and Pizza Party! \$15 	
22 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Goal Building; - Group circuit learning	23 Welcoming Wellness 9:15-10 :00 Health activity - Laundry Club: Caring for my clothes; - Music group: Compose our own songs; - Music games	24 Welcoming Wellness 9:15-10 :00 Health activity PINK SHIRT DAY Anti bullying roleplaying and discussion; - Pen pal program; - Armchair Travel: Jamaica; - Music and Island treats	25 Welcoming Wellness 9:15-10 :00 Health activity Group choice day! We all decide what to do 	26 Welcoming Wellness 9:15-10 :00 Health activity - Spring Canvas art - Afternoon movie at TAAC - Popcorn and beverage \$2	
28 Welcoming Wellness - Safety Meeting: Covid safe practices; - Goal Building; - Group circuit learning			February 24th Pink Shirt Day 	<p>See you next month!</p>	

