



2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 TAAC CLOSED Happy New Year!!	2
3	4 Recycling Physical Activity Beat the Winter Blues	5 Recycling SR; Positive Coping with Health Conditions Workbook	6 Swimming Walk @ Arena/Puzzles Planning	7 Recycling Coffee Group Interpersonal Skills Accountability	8 Christmas Clean-Up Taco Salad \$4	9
10	11 Recycling Physical Activity Embracing Winter	12 Recycling SR; Positive Coping with Health Conditions Workbook	13 Swimming Walk @ Arena/Puzzles Goal Setting: Individual and Program	14 Recycling Coffee Group Interpersonal Skills Accountability	15 Movie & Bowling with Fruitvale BYOL	16
17	18 Recycling Physical Activity Winter Health Myths	19 Recycling SR; Positive Coping with Health Conditions Workbook	20 Swimming Walk @ Arena/Puzzles Staff Meeting	21 Recycling Coffee Group Interpersonal Skills Accountability	22 Games and Pizza Party @ Trail Memorial Centre Gym	23
24	25 Recycling Physical Activity Sick-proof Your Winter	26 Recycling SR; Positive Coping with Health Conditions Workbook	27 Swimming Walk @ Arena/Puzzles Team Meeting	28 Recycling Coffee Group Interpersonal Skills Accountability	29 Rossland Winter Carnival	30
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