

# JANUARY – DAY PROGRAM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 TAAC CLOSED	2 CURRENT EVENTS 8-9 RECYCLING 9:15-10:30 PLANNING/TRANSIT/ SUPPLIES 10-12 GAMES & MOVIE 1-3	3 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 SWIMMING 10:30-12:30 WALK ARENA READING	4 LIFE SKILLS 8:30-9:30 RECYCLING 9:15-10:15 FITNESS 9:30-10:30 SOCIAL GROUP 10:30-12 ARMCHAIR TRAVEL 1-3	5 TAAC CHRISTMAS CLEANUP & ORGANIZING BYOL	6
7	8 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 RECYCLING 10:15-12 CVL 1-3 EMPLOYMENT 1-3 READING 3-3:30	9 CURRENT EVENTS 8-9 RECYCLING 9:15-10:30 PLANNING//TRANSIT/ SUPPLIES\ 10-12 SELF EXPRESSION:1- 3LIKES & DISLIKES	10 LIFE SKILLS 8:30-9:30 BALANCE & MOBILITY SWIMMING 10:30-12:30 CRAFTS 1-3 READING 3-3:30	11 LIFE SKILLS 8:30-9:30 RECYCLING 9:15-10:15 FITNESS 9:30-10:30 SOCIAL GROUP 10:30-12 ARMCHAIR TRAVEL 1-3	12 HOT LUNCH \$5 & BOWING	13
14	15 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 RECYCLING 10:15-12 CVL 1-3 EMPLOYMENT 1-3 READING 3-3:30	16 CURRENT EVENTS RECYCLING TRANSIT/SUPPLIES PERSONAL NETWORK SKILLS: TTEAMWORK & GROUP ETTIQUETTE	17 LIFE SKILLS 8:30-9:30 EMERGENCY TRAINING 10-11:30 SWIMMING 12:15-2PM BAKING 1-3 READING 3-3:30	18 LIFE SKILLS 8:30-9:30 RECYCLING 9:15-10:15 FITNESS 9:30-10:30 SOCIAL GROUP 10:30-12 ARMCHAIR TRAVEL 1-3	19 SNOWSHOEING WITH FRUITVALE HOUSE BYOL	20
21	22 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 RECYCLING 10:15-12 CVL 1-3 EMPLOYMENT 1-3 STAFF MEETING	23 CURRENT EVENTS RECYCLING TRANSIT/SUPPLIES INTERPERSONAL SKILLS: APOLOGIZING	24 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 SWIMMING 10:30-12:30 CRAFTS 1-3 READING 3-3:30	25 LIFE SKILLS 8:30-9:30 RECYCLING 9:15-10:15 FITNESS 9:30-10:30 SOCIAL GROUP 10:30-12 ARMCHAIR TRAVEL 1-3	26 SWIM DAY AND/ OR BINGO & GAMES BYOL	27
28	29 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 RECYCLING 10:15-12 CVL 1-3 EMPLOYMENT 1-3 READING 3-3:30	30 CURRENT EVENTS RECYCLING TRANSIT/SUPPLIES HEALTH & SAFETY : FIRE SAFETY	31 LIFE SKILLS 8:30-9:30 YOGA 9:30-10:30 SWIMMING 10:30-12:30 BAKING 1-3 READING 3-3:30	* Armchair travel will be focused around Provinces of Canada		