



# TRAIL ASSOCIATION FOR COMMUNITY LIVING CHILD & YOUTH PROGRAM



## JANUARY 2020 Youth Group Mondays & Wednesdays

|   |   |   |   |
|---|---|---|---|
| <p><b>Monday</b><br/>Cooking Group<br/>3:00pm – 6:00pm<br/><i>Pick up at activity site</i></p>                            |    | <p><b>Wednesday Recreation Group</b><br/>3:00pm – 5:00pm<br/>*Except January 29<sup>th</sup></p>                                      |    |
| <p><b>January 6<sup>th</sup></b><br/>Kitchen safety &amp;<br/>Make your own Pizza<br/>Pick-up @ TAAC</p>                  |    | <p><b>January 8<sup>th</sup></b><br/>Emotions workshop &amp;<br/>Canvas painting<br/>Pick-up @ TAAC</p>                               |    |
| <p><b>January 13<sup>th</sup></b><br/>Table manners (discussion) &amp;<br/>Stir fry<br/>Pick-up @ TAAC</p>                |  | <p><b>January 15<sup>th</sup></b><br/>Swimming @ Trail Aquatic Centre<br/>Pick up @ Aquatic center<br/>Please bring admission fee</p> |  |
| <p><b>January 20<sup>th</sup></b><br/>Food safety &amp;<br/>Homemade Hamburger<br/>Pick-up @ TAAC</p>                     |  | <p><b>January 22<sup>nd</sup></b><br/>Sledding<br/>(Bring your own equipment &amp; attire)<br/>Pick-up @ TAAC</p>                     |  |
| <p><b>January 27<sup>th</sup></b><br/>Canada food guide (discussion) &amp;<br/>Soup &amp; Sandwich<br/>Pick-up @ TAAC</p> |  | <p><b>January 29<sup>th</sup></b><br/>Hockey game<br/>(Trail Arena)<br/>Drop-off (6:15PM) &amp;<br/>Pick-up (9:45)<br/>@ A&amp;W</p>  |  |