

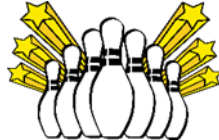



2022 TAAC DAY PROGRAM JANUARY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine
3 <p style="text-align: center;">TAAC CLOSED</p>	4 Welcoming Wellness 9:15-10 :00 Health activity - Current events - Games/ activities @ Youth Centre - Music Group	5 Welcoming Wellness 9:15-10 :00 Health activity - Christmas Clean-up - Armchair Travel: Sweden; - Activity: Traditional Swedish Craft	6 Welcoming Wellness 9:15-10 :00 Health activity - Workshop: Food and cooking Safety; - Improv games	7 Welcoming Wellness 9:15-10 :00 Health activity - BINGO/Walk - Movie & refreshments! 	<p style="text-align: center;">Welcome to Day Program</p> <p style="text-align: center;"><i>We try our best to stick to the following routine daily, unless otherwise stated:</i></p> <p>8:30am – 9:00am: arrivals & day prep;</p>
10 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Current events discussion; - Goal building; - Group circuit learning	11 Welcoming Wellness 9:15-10 :00 Health activity - Games/activities@ Youth Centre - Shopping for supplies - Music Group: Karaoke; - Ballads and love songs	12 Welcoming Wellness 9:15-10 :00 Health activity - Cooking group: mini pizzas - Armchair travel: Italy 	13 Welcoming Wellness 9:15-10 :00 Health activity - Book Buzz - Workshop: Home and neighbourhood safety; - Activity to follow	14 Welcoming Wellness 9:15-10 :00 Health activity Subway & Bowling 	<p>9:00am – 9:30am: Morning check-in;</p> <p>9:30am – 10:30am: Let the day begin with games, activities, workshops...</p> <p>Noon – 1:00pm: Lunch & clean-up;</p>
17 Welcoming Wellness -Safety Meeting: Covid safe practices; -Current events discussion; -Team Meeting	18 Welcoming Wellness 9:15-10 :00 Health activity - Current events - Games/activities @ Youth Centre - Music Group	19 Welcoming Wellness 9:15-10 :00 Health activity - Armchair Travel: China; - Learn: Chinese new year traditions; Fortune cookies and tea	20 Welcoming Wellness 9:15-10 :00 Health activity - Book Buzz - Workshop: Traffic and community safety;	21 Welcoming Wellness 9:15-10 :00 Health activity - Canvas art - Afternoon movie at TAAC - Popcorn and beverage \$2	<p>1:00pm – 3:00 pm activity/craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions</p>
24 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Goal Building; - Group circuit learning	25 Welcoming Wellness 9:15-10 :00 Health activity - BINGO & prizes @ youth centre - Shopping for supplies - Music group:	26 Welcoming Wellness 9:15-10 :00 Health activity Anti bullying roleplaying and discussion; - Cooking Club: BLT & greek salad - Armchair Travel Greece	27 Welcoming Wellness 9:15-10 :00 Health activity Group choice day! We all decide what to do	28 Welcoming Wellness 9:15-10 :00 Health activity - Bus safety protocols -Bus to the mall & lunch out 	<p>3:00– 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance</p> <p><i>* Pre-Selected Groups "SG": are not open to everyone individuals are pre-selected based on varied requirements.</i></p>
30 Welcoming Wellness - Safety Meeting: Covid safe practices; - Goal Building; - Group circuit learning				<p>See you next month!</p>	
					<p>All activities are accessible to everyone unless this symbol is beside the activity.</p> 