



2021 TAAC DAY PROGRAM JULY CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine	
	 JUNE	HELLO JULY! 	1 CANADA DAY  TAAC CLOSED	2 Welcoming Wellness 9:15-10 :00 Health activity - Sports Day (outdoors) Afternoon Movie @ TAAC	Welcome to Day Program <i>We try our best to stick to the following routine daily, unless otherwise stated:</i> 8:30am – 9:00am: arrivals & day prep; 9:00am – 9:30am: Morning check-in; 9:30am – 10:30am: Let the day begin with games, activities, workshops... Noon – 1:00pm: Lunch & clean-up; 1:00pm – 3:00 pm activity/ craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions 3:00 – 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance <i>* Pre-Selected Groups "SG": are not open to everyone individuals are pre-selected based on varied requirements.</i>	
5 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Group circuit learning: Friendship	6 Welcoming Wellness 9:15-10 :00 Health activity - Walk and summer scavenger hunt (outdoors) - Music Games; - Music Group : Karaoke to our favorite songs 	7 Welcoming Wellness 9:15-10 :00 Health activity - Book Buzz - Cooking group; Baguette sandwiches. - Picnic lunch \$5 p/p - Armchair Travel to Paris 	8 Welcoming Wellness 9:15-10 :00 Strength and Stretch (outdoors); - Book buzz; - Book Craft; - Bowling \$4.25 per game 	9 Welcoming Wellness 9:15-10 :00 Health activity - Bus safety talk; Social distance reminders; - Bus to Rossland; - BYOL Picnic; - Historic walking tour of Rossland 		8:30am – 9:00am: arrivals & day prep; 9:00am – 9:30am: Morning check-in; 9:30am – 10:30am: Let the day begin with games, activities, workshops... Noon – 1:00pm: Lunch & clean-up;
12 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Group circuit learning: Water and Swimming Safety	13 Welcoming Wellness 9:15-10 :00 Walking for health - Book Buzz; - Music Group: Disco music! - Learn some disco dancing and karaoke; dress up 70's for fun.	14 Welcoming Wellness 9:15-10 :00 Health activity - Cooking Group: Island treats! \$7p/p; - Armchair Travel: Cayman Island 	15 Welcoming Wellness 9:15-10 :00 Strength and stretch (outdoors); - Workshop: Self esteem - Looking inward; vision board; - Self esteem bingo	16 Welcoming Wellness 9:15-10 :00 Health activity; GYRO PARK! Pizza lunch in the park \$10 p/p. Water sports and Games 		1:00pm – 3:00 pm activity/ craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions 3:00 – 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance
19 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Group circuit learning: Self Care	20 Welcoming Wellness 9:15-10 :00 Walking for health - Book Buzz; - Community connections workshop; - Community scavenger hunt	21 Welcoming Wellness 9:15-10 :00 Health activity; - Improv games (outdoors); - Postcards and Passports workshop; - Workshop: Budgeting 	22 Welcoming Wellness 9:15-10 :00 Strength and stretch (outdoors); - Canvas art project ; - Afternoon Bingo! - Prizes	23 Welcoming Wellness 9:15-10 :00 Health activity; Group swimming: Therapeutic movement at Warfield Pool! - Picnic lunch - BYOL  \$ 6.00 p/p		3:00 – 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance
26 Welcoming Wellness 9:15-10 :00 Health activity - Safety Meeting: Covid safe practices; - Group circuit learning: B.C's Birds	27 Welcoming Wellness 9:15-10 :00 Walking for health - Book Buzz; - Improv games (outdoors); - Afternoon Matinee @ TAAC Popcorn & drink \$2.50	28 Welcoming Wellness 9:15-10 :00 Health activity GROUP CHOICE DAY 	29 Welcoming Wellness 9:15-10 :00 Strength and stretch (outdoors); - Workshop: Active listening	30 Welcoming Wellness Creston Wildlife Sanctuary **All Day** Depart- 9:30am Return- 2:30pm - BYOL picnic lunch		All activities are accessible to everyone unless this symbol is beside the activity. 

