

DAY PROGRAM JULY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
				<p>1</p> <p>HAPPY CANADA DAY!!</p> 	<p>WELCOME TO DAY PROGRAM!!</p> <p>OUR SCHEDULE FOR EACH DAY IS AS FOLLOWS:</p> <p>8am-9am ARRIVALS & DAY PREP</p> <p>9am-11:30am LET THE DAY BEGIN: Health Activities ,Games, Workshops...ETC</p> <p>--12pm - 1pm-- LUNCH & CLEAN UP</p> <p>1:00-3:30 Activity ,Craft ,Cultural-Diversity, community outing (perhaps continuance from morning activity) Peer to Peer social time, movie & discussions.</p> <p>3:30-4pm TAAC MAINTENANCE & CLEAN UP.</p> <p>*RECYCLING IS A WEEKLY JOB PRESELECTED</p> <p>*Health Activity consists of Tai Chi, Meditation, Just Dance, Gentle stretches, Zumba, Sit & be Fit, Walking Wellness</p>
<p>4 Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Royal Theatre: Minions! 1PM \$10</p>	<p>5 Welcoming Wellness *Health Activity Games Group @ Youth Centre/ Shopping for Supplies Music Group: Disco!</p>	<p>6 Welcoming Wellness *Health Activity Cooking Group: Cucumber sand which & potato salad \$6 Workshop: Exploring the 5 senses- Outdoor Learning</p>	<p>7 Welcoming Wellness *Health Activity RECYCLING Armchair Travel: Papa New Guinea Workshop: Water Safety Dinner @ Gyro & Music in the park 4:30PM-8PM</p>	<p>8 Welcoming Wellness *Health Activity</p> <p>PICNIC LUNCH WARFIELD POOL</p>	
<p>11 Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Safety Drills for July</p> <p>Guest Speaker: Wild Safe BC Presentation!</p>	<p>12 Welcoming Wellness *Health Activity Games Group @ Youth Centre/Shopping for Supplies Music Group: Karaoke</p> 	<p>13 Welcoming Wellness *Health Activity Cooking Group: Egg salad Sand which & watermelon & feta salad \$6 Cultural Diversity: Camino de Santiago Spain/Virtual Tour</p>	<p>14 Welcoming Wellness *Health Activity RECYCLING Youtube- Pacific crest Trail Workshop: Beavers Aquatic Centre</p>	<p>15 Welcoming Wellness *Health Activity</p> <p>SUBWAY \$12 GYRO BOCCE</p>	
<p>18 Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Community Outing: Social Group Coffee outing</p>	<p>19 Welcoming Wellness *Health Activity Games Group @ Youth Centre/Shopping for supplies Music Group: Country Faves!</p>	<p>20 Welcoming Wellness *Health Activity Cooking Group: Chicken Waldorf Salad w/ Pita & tzatzikii \$7 Workshop: Beat the Heat-Summer heat safety</p>	<p>21 Welcoming Wellness *Health Activity RECYCLING Youtube: Pacific Crest Trail Workshop: Asking Permission Aquatic Centre</p>	<p>22 Welcoming Wellness *Health Activity</p> <p>PICNIC LUNCH ROSSLAND MUSEUM TOUR</p>	
<p>25 Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Team Meeting/Calendar Planning Community Outing: Coffee Group</p>	<p>26 Welcoming Wellness *Health Activity Games Group @ Youth Centre /Shopping for supplies Canvas Art Step by Step</p>	<p>27 Welcoming Wellness *Health Activity Cooking Group: Fun Appies! \$6 Cultural Diversity: India Guest Speaker Craft & snack to follow</p>	<p>28 Welcoming Wellness *Health Activity RECYCLING Youtube- Pacific Crest Trail Workshop: Goldpanning Aquatic Centre</p>	<p>29 Welcoming Wellness *Health Activity</p> <p>NANCY GREEN BBQ \$6</p>	