














July 2024 - TAFL DAY PROGRAM ACTIVITY CALENDAR

<p>1st Monday</p> <p align="center">STAT</p> <p align="center">Canada Day</p>	<p>2nd Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk 10:00 Goal Activity 11:00 Early lunch 12:00 Out to Camp Tweedsmuir 1:00 Camp Fun and Games 2:30 Return to Dp for pick up's 3:00 Name that Tune</p>	<p>3rd Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Drive out to Camp Tweedsmuir 10:00 Camp Fun and Games 12:00 Lunch & Tidy up 1:00 Camp fun and games 2:30 Return to Dp for pick up's 3:00 Pic Bingo</p>	<p>4th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Mindfulness 10:00 Garden Group - Cities in Bloom  11:00 12:00 Lunch & Tidy up / Swimming Prep 1:00 Walk /Swimming 1:50 Theatre Games/Sing along Songs 3:00 Find the Difference</p>	<p>5th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Workshop-Animals/Bugs of the summer 10:00 Scavenger Hunt in Trail 11:00 Small Groups - Cold drink 12:00 Lunch & Tidy up 1:00 Mock Movie Theatre: The Little Mermaid 3:00 Rainbow Leave Art</p>
<p>8th Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk/Digital Learning 10:00 Goal Activity/Talent Show Practice 11:00 Employment-Type of Employment 12:00 Lunch & Tidy up 1:00 Book Buzz - Peer Read Along 2:00 Columbia View Lodge/Volunteer 3:00 Card Games</p>	<p>9th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move 10:00 Walk Outside or Arena 11:00 Games Group 12:00 Lunch & Tidy up 1:00 Music - Barber Shop Harmony 1:50 Karaoke  3:00 Pic Bingo</p>	<p>10th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Mindfulness 10:00 Current Events/Positive Stories 11:00 Sign Language - Feelings/Emotions 12:00 Lunch & Tidy up 1:00 Arm Chair - Fort Steel, Cranbrook 1:50 Cultural - Hardtack Taste Test 3:00 Find the Difference</p>	<p>11th Thursday</p> <p>8:00 Morning Greetings & Sign-in  9:00 Body Balance / Recycle Prep 10:00 Garden Group - Cities in Bloom 11:00 12:00 Lunch & Tidy up / Swimming Prep 1:00 Walk / Swimming 1:50 Theatre Games/Sing along Songs 3:00 Bracelet Making</p>	<p>12th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 City walk / Digital Learning 10:00 Workshop-What can I Control vs What I Can't 12:00 Bowling/Minigolf/Lunch at Glenmerry Bowl 1:00 1:50 3:00 Name that tune</p>
<p>15th Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move/Digital Learning 10:00 Counting Pop Bottles 11:00 Mock Grocery Shopping 12:00 Lunch & Tidy up 1:00 Volunteer Rosewood-Activity/Social 1:50 Book Buzz - Peer Read Along 3:00 Find the Difference</p>	<p>16th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk Outside or Arena  10:00 Games Group/Shopping 11:00 Name that Tune 12:00 Lunch & Tidy up 1:00 Music/Culture - K-pop 1:50 Karaoke 3:00 Name that Tune</p>	<p>17th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Body Balance/Mindfulness  10:00 Cook - Club House sandwich 11:00 Water Safety - Lake & Pool Safety 12:00 Lunch & Tidy up 1:00 Pool and Beverage 1:50 at the Arlington/Team Meeting 3:00 Jenga</p>	<p>18th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Mindfulness/Recycle Prep 10:00 Garden Group - Cities in Bloom  11:00 12:00 Lunch & Tidy up / Swimming Prep 1:00 Walk/Swimming 1:50 Theatre Games/Sing along Songs 3:00 Card Games</p>	<p>19th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am Stretch / Digital Learning 10:00 Day at Lakeside Park in Nelson 12:00 Picnic Lunch - bring or buy 1:00  Ride the Trolley 1:50 3:00 Pic Bingo</p>
<p>22nd Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Digital Learning 10:00 Goal Activity/Talent Show Prep 11:00 Employment-Social Skills at work 12:00 Lunch & Tidy up 1:00 Book Buzz - Peer Read Along 2:00 Columbia View Lodge/Volunteer 3:00 Card Games</p>	<p>23rd Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk the Bridge 10:00 Games Group 11:00 Name that Tune 12:00 Lunch & Tidy up 1:00 Music - Ska  1:50 Karaoke 3:00 Jenga</p>	<p>24th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Chair Exercises / Mindfulness 10:00 Current Events/Positive Stories 11:00 Sign Language - "Happy Birthday" 12:00 Lunch & Tidy up 1:00 Arm Chair Travel - New Zealand  1:50 Art - Jellyfish Art 3:00 Pic Bingo</p>	<p>25th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move/Recycle Prep 10:00 Garden Group - Cities in Bloom  11:00 12:00 Lunch & Tidy up / Swimming Prep 1:00 Walk/Swimming 1:50 Theatre Games/Sing along Songs 3:00 Find the Difference</p>	<p>26th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Digital Learning  10:00 Bus to Rossland 11:00 Early lunch at Park 12:00 Bring your own lunch 1:00 Rossland gold mine tour 1:50 3:00 Bubble Art</p>
<p>29th Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Digital Learning  10:00 Counting Pop Bottles 11:00 Walk 12:00 Lunch & Tidy up 1:00 Volunteer Rosewood-Activity/Social 1:50 Book Buzz - Peer Read Along 3:00 Pic Bingo</p>	<p>30th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk to Bridge 10:00 Games Group/Shopping 11:00 Name that Tune 12:00 Lunch & Tidy up 1:00 Music - 80's 1:50 Karaoke 3:00 Card Games</p>	<p>31st Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Digital Learning 10:00 Cook - Pasta Salad  11:00 Kitchen Safety - Tips for Safety 12:00 Lunch & Tidy up 1:00 Arm Chair Travel - Cuba 1:50 Cultural - Cuban Street Art 3:00 Jenga</p>	<p align="center">WELCOME!!! DAY PROGRAM IS OPEN FROM 8:00 AM AND STARTS WITH WELCOMES, CHECK INS AND CHIT CHATS. END OF THE DAY IS AT 4:00 PM. PLEASE KEEP IN MIND THAT IF YOU ARE SICK, PLEASE STAY AT HOME. THANK YOU FOR YOUR UNDERSTANDING.</p> <p align="center">***REMEMBER TO DRESS AND PREPARE FOR THE WEATHER***</p>	