





2019 TAAC DAY PROGRAM CALENDAR

MONDAY Mind, Body & Soul	TUESDAY Absorb & Learn	WEDNESDAY Healthy Living	THURSDAY Community Cruise	FRIDAY Fun Day
<p>3 TAAC Housekeeping; Recycling (FC / KS); CVL Volunteering; Mind – Why am I feeling this way;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>4 Recycling/Bottle Depot (DC / KS); Workshop – Learn about llama's; Activity – Llama craft in prep for visit to Llama farm;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>5 Swimming or Walking Group; Mock Theatre Planning (all will be unveiled soon!!!)</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>6 Recycling (DC / KS / SL); Workshop – Social Etiquette; Community Coffee Cruise – to use social etiquette skills;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p style="text-align: center;">7</p> <p style="text-align: center;">Llama Farm Visit & Hot Dog Roast</p> 
<p>10 TAAC Housekeeping; Recycling (FC / KS); CVL Volunteering; Body – Discussion and planning for Wednesday Fit, Family & Friends group;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>11 Recycling/Bottle Depot (DC / KS); Workshop – Learn about the 1950's (in conjunction with upcoming visits to the Library); Video – watch and learn; Craft – 50's style;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>12 FIT, FAMILY & FRIENDS Group (Joining Special Olympics); Swimming or Walking Group;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>13 Recycling (DC / KS / SL); Community Activity – Driving range Champion Lakes @ 1:00pm (\$4/bucket) & Lunch @ Noon (\$10.00)</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>14 Library Visit – (10am – Noon) Coffee & Learning about cars from the 1950's Noon – 3pm Warfield Hall</p>
<p>17 (listen to 50's music this week) TAAC Housekeeping; Recycling (FC / KS); CVL Volunteering; Soul – What makes ME happy?</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>18 Recycling/Bottle Depot (DC / KS); Armchair Travel – to Mexico Activity – Mexican Fiesta with Taco Salad and dancing ole, ole</p> <div style="text-align: center; background-color: yellow; border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>TAAC AGM 5pm TONIGHT</p> </div> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>19 FIT, FAMILY & FRIENDS Group (Joining Special Olympics); Swimming or Walking Group;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>20 Recycling (DC / KS / SL); Community Activity – Jubilee Park for Bocce;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>21 Library Visit – (10am – Noon) Coffee & Learning about music from the 1950's</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>
<p>24 TAAC Housekeeping; Recycling (FC / KS); CVL Volunteering; Holistic Balance – mind, body and soul rejuvenation!</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>25 Recycling/Bottle Depot (DC / KS); Workshop – Social Etiquette; Community Cruise on the bus – to use social etiquette skills;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>26 CLBC Picnic Departure at 9am (BYOL)</p> 	<p>27 Recycling (DC / KS / SL); Community Activity – Warfield Pool (weather pending) & lunch (BYOL); Team Planning Meeting for next month's calendar;</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>	<p>28 Library Visit – (10am – Noon) Coffee & Learning about clothing/style from the 1950's</p> <p style="text-align: center;">[Don't forget TAAC Maintenance]</p>

Day Program May Highlights



This month the Day Program participants learned about plants and flowers; they enjoyed eating lunch at the fair people watching and pointing; they had a lot of fun at the Day Program sports day; then ended the month with dancing at the Spring Fling....



FUN, FUN, FUN

What is your favorite part of today?

(asked at Day Program Sports Day)

I like being outside with the eggs.... David C.

I like having the guest coaches here.... Joey W.

I'm tired....Travis M.

I am the Bocce Champ.....Maria V.



From Inside to Outside.....

