


# DAY PROGRAM JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
		<b>1</b> Welcoming Wellness *Health Activity Cooking Group: Fajitas \$6 Staff Meeting Cultural Diversity: Ukraine Craft to Follow	<b>2</b> Welcoming Wellness *Health Activity RECYCLING Workshop: Inca Trail Virtual Hike Special Guests: BELLY DANCERS!	<b>3</b> Welcoming Wellness *Health Activity  Nature Walk & Discovery BOWLING \$4.50	<p><b>WELCOME TO DAY PROGRAM!!</b></p> <p>OUR SCHEDULE FOR EACH DAY IS AS FOLLOWS:</p> <p><b>8am-9am</b> ARRIVALS &amp; DAY PREP</p> <p><b>9am-11:30am</b> LET THE DAY BEGIN: Health Activities ,Games, Workshops...ETC</p> <p><b>--12pm - 1pm--</b> LUNCH &amp; CLEAN UP</p> <p><b>1:00-3:30</b> Activity ,Craft ,Cultural-Diversity, community outing (perhaps continuance from morning activity) Peer to Peer social time, movie &amp; discussions.</p> <p><b>3:30-4pm</b> TAAC MAINTENANCE &amp; CLEAN UP.</p> <p>*RECYCLING IS A WEEKLY JOB PRESELECTED</p> <p>*Health Activity consists of Tai Chi, Meditation, Just Dance, Gentle stretches, Zumba, Sit &amp; be Fit, Walking Wellness</p>
<b>6</b> Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Community Outing: Social Group Coffee outing	<b>7</b> Welcoming Wellness *Health Activity Games Group @ Youth Centre/ Shopping for Supplies Music Group: Name that tune!	<b>8</b> Welcoming Wellness *Health Activity Cooking Group: Sloppy joes & Coleslaw \$6  Workshop: Boundaries & Friendship	<b>9</b> Welcoming Wellness *Health Activity RECYCLING Armchair Travel: Peru & Bolivia Top 5 virtual tours to Machu Picchu Community Outing: POLICE STATION TOUR Craft: Sun Catchers	<b>10</b> Welcoming Wellness *Health Activity  Picnic lunch DISC GOLF	
<b>13</b> Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Safety Drills for June Community Outing: Social Group Coffee	<b>14</b> Welcoming Wellness *Health Activity Games Group @ Youth Centre/Shopping for Supplies Music Group: Karaoke  	<b>15</b> Welcoming Wellness *Health Activity Cooking Group: Clubhouse & Fruit \$6 Cultural Diversity: Australia's Aboriginal & Torres Straight Islander People	<b>16</b> Welcoming Wellness *Health Activity RECYCLING Youtube- Pacific crest Trail Workshop: North American Llamas Craft: Fathers Day craft	<b>17</b> Welcoming Wellness *Health Activity CHRISTINA LAKE! BBQ Towel/Hat/Sunglasses 11-2PM (Departure 10am/Arrival 3PM)	
<b>20</b> Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Health & Wellness: Bush safety & Hazards : Ticks, Poison Ivy , animal safety	<b>21</b> Welcoming Wellness *Health Activity Games Group @ Youth Centre/Shopping for supplies Music Group: Musical Chairs	<b>22</b> Welcoming Wellness *Health Activity Cooking Group: Taco Salad \$6 Guest Speaker- Addison Oberg Trail Museum Tour	<b>23</b> Welcoming Wellness *Health Activity RECYCLING Fruitvale Llama Farm \$7 BBQ , Walk , Photos	<b>24</b> Welcoming Wellness *Health Activity  Picnic Lunch Driving Range \$3	
<b>27</b> Welcoming Wellness *Health Activity Book Buzz My Booklet BC Project Team Meeting/Calendar Planning Community Outing: Coffee Group	<b>28</b> Welcoming Wellness *Health Activity Games Group @ Youth Centre /Shopping for supplies Canvas Art Step by Step	<b>29</b> Welcoming Wellness *Health Activity Cooking Group: Personal pizzas \$6 Special Guest: Circle of Indigenous Nations Society!! DRUM CIRCLE & SMUDGING	<b>30</b> Welcoming Wellness *Health Activity RECYCLING Youtube- Pacific Crest Trail Outdoor Scavenger Hunt & photos	<p><b>SEE YOU NEXT MONTH!</b></p> 