

## Trail Association for Community Living

Child and Youth Program



Youth Program (Mondays & Wednesdays) March 2021 Monday Wednesday Cooking Group **Recreation Group** 2:30pm-6:00pm 2:30pm-5:00pm Pick up at activity site Pick up at activity site (TAAC) (TAAC) March 1st March 3<sup>rd</sup> Game Day Canada food guide & (discussion) **Emotions Workshop** & Make your own Pizza March 8<sup>th</sup> March 10<sup>th</sup> International women's Yoga day day (women in å leadership) Make a paper plate kite & Homemade chili March 17<sup>th</sup> March 15<sup>th</sup> Bake green cupcakes Learn to check & date/Label Trap Leprechaun in & group (game) Beef Stroganoff March 24th March 22<sup>nd</sup> Line dancing/ Make a grocery list Hand ball & å Breakfast for Brain teaser (game) supper March 29<sup>th</sup> March 31st Play parachute game, Food safety Health & safety drill certificate program & & Team building games Soup and sandwich

NOTE: \* Social distancing in process.