



DAY PROGRAM MARCH 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
	<p>1 Welcoming Wellness *Health Activity Games Group @ TAAC Yahtzee/Cards/Bingo Music Group :Karaoke & Dancing</p> 	<p>2 Welcoming Wellness *Health Activity BOOK BUZZ Armchair Travel: Thailand Snacks to follow</p> 	<p>3 Welcoming Wellness *Health Activity RECYCLING Workshop: Making friends Charades ☺ Canvas Art Therapy</p>	<p>4 Welcoming Wellness *Health Activity</p> <p>BOWLING!</p> 	<p>WELCOME TO DAY PROGRAM!!</p> <p>OUR SCHEDULE FOR EACH DAY IS AS FOLLOWS:</p> <p>8am-9am ARRIVALS & DAY PREP</p> <p>9am-11:30am LET THE DAY BEGIN: Health Activities ,Games, Workshops...ETC</p> <p>--12pm - 1pm-- LUNCH & CLEAN UP</p> <p>1:00-3:30 Activity ,Craft ,Armchair travel, community outing (perhaps continuance from morning activity) Peer to Peer social time, movie & discussions.</p> <p>3:30-4pm TAAC MAINTENANCE & CLEAN UP.</p> <p>*RECYCLING IS A WEEKLY JOB PRESELECTED</p>
<p>7 Welcoming Wellness *Health Activity Book Buzz Covid Safety Practices Coffee outing W/ Peers Art Therapy</p>	<p>8 Welcoming Wellness *Health Activity Games Group @ Youth Centre/ Shopping for Supplies Music Group: Karaoke & musical games</p>	<p>9 Welcoming Wellness *Health Activity Cooking Group: Chef Salad Workshop: Science Experiments</p> 	<p>10 Welcoming Wellness *Health Activity RECYCLING Book Buzz Armchair Travel: Las Vegas!</p> 	<p>11 Welcoming Wellness *Health Activity Camp Day @ TAAC!! \$5 Smores , hotdogs & fun! Bring pillow/blanket &PJ's</p> 	
<p>14 Welcoming Wellness *Health Activity Book Buzz Safety Drills for March Group Circuit Learning: Owls</p> 	<p>15 Welcoming Wellness *Health Activity Games Group @ Youth Centre Music Group: Karaoke 70s & 80's</p> 	<p>16 Welcoming Wellness *Health Activity Book Buzz Armchair Travel: Mexico Snack & craft</p> 	<p>17 Welcoming Wellness *Health Activity RECYCLING ~ WEAR GREEN ~ Workshop: St. Patrick's Day Armchair Travel: Ireland & Shamrock Shakes \$2</p>	<p>18 Welcoming Wellness *Health Activity Bus adventure to the Mall for lunch</p> 	
<p>21 Welcoming Wellness *Health Activity Spring is in the Air! Book Buzz Team Meeting /Planning</p> 	<p>22 Welcoming Wellness *Health Activity Games Group @ Youth Centre/ Shopping for Supplies Music Group: Karaoke: Group Choice</p>	<p>23 Welcoming Wellness *Health Activity Cooking Group: TACOS Workshop: Celebrating Cultures</p> 	<p>24 Welcoming Wellness *Health Activity RECYCLING Bus safety Bus to Rossland for coffee Armchair Travel:New York</p>	<p>25 Welcoming Wellness *Health Activity Movie Matinee @ Royal Theatre 1PM</p> 	
<p>28 Welcoming Wellness *Health Activity Book Buzz Goal Building Group Circuit Learning: Volcanos</p>	<p>29 Welcoming Wellness *Health Activity Games Group @ Youth Centre Music Group: Name that tune!</p>	<p>30 Welcoming Wellness *Health Activity Outdoor Sensory Scavenger Hunt Workshop: Dental Health w/ Guest Speaker</p>	<p>31 Welcoming Wellness *Health Activity RECYCLING GROUP CHOICE</p>	<p>SEE YOU NEXT MONTH!</p> 	<p>*Health Activity consists of Tai Chi, Meditation, Just Dance, Gentle stretches, Zumba, Sit & be Fit, Walking Wellness</p>