

## Trail Association for Community Living

Child and Youth Program



## Youth Program (Mondays & Wednesdays) March 2022

Monday Cooking Group 2:30pm-6:30pm Pick up at activity site (TAAC)



Wednesday Recreation Group 2:30pm-5:30pm Pick up at activity site (TAAC)



February 28<sup>th</sup> Kitchen safety

Breakfast for supper

March 2<sup>nd</sup> Photography day Walk on bridge



March 7<sup>th</sup>

Table manners Homemade chili



March 9th Yoga day Monthly planning



March 14th

Learn to check date/Labels & Beef Stroganoff



March 16<sup>th</sup> Bake green cupcakes St. Patrick's crafts



March 21st

Make a grocery list

Make your own pizza



March 23<sup>rd</sup> **Emotions workshop** Brain teaser activities



March 28th

Food safety

Soup and

sandwich



March 30th Emergency drill Team building games



NOTE: \* Social distancing in process.