

MARCH 2024 - TACL DAY PROGRAM ACTIVITY CALENDAR

 <p>**REMEMBER TO DRESS FOR THE WEATHER**</p>	<p>WELCOME!!! DAY PROGRAM IS OPEN FROM 8:00 AM AND STARTS WITH WELCOMES, CHECK INS AND CHIT CHATS. END OF THE DAY IS AT 4:00 PM. PLEASE KEEP IN MIND THAT IF YOU ARE SICK, PLEASE STAY HOME.</p> <p>THANK YOU FOR YOUR UNDERSTANDING. 😊</p>			<p>March Cost Break Down 1st-\$7. for game & \$2. shoes PLUS Treat 6th - \$10. VISAC Art Class 8th - Pool Game & Drink \$6. to \$10. 13th - \$7. Beef Burgers & Veggies 13th - \$10. VISAC Art Class 15th-Aprox \$20. with Treat,Popcorn & Drink 22nd \$4. Canvas Art 27th - \$6. BLT Grilled Cheese Sandwiches</p>	<p>1st Friday 8:00 Morning Greetings & Sign-in 9:00 Just Dance / Mindfulness 10:00 Virtual Tour of Parliament 11:00 What is Voting? Group Discussion 12:00 Lunch & Tidy up 1:00 Glenmerry Bowl & Treat 1:50 Bowling Est return 2:30pm 3:00 Crossword</p>
<p>4th Monday 8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Digital Learning 10:00 Counting Pop Bottles 11:00 Animal Exploring-Alligators & Crocodile 12:00 Lunch & Tidy up 1:00 Art Challenge - Popsicle Stick 1:50 Boat Competition 3:00 Word Search</p>	<p>5th Tuesday 8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move 10:00 Yahtzee - Games Group 11:00 Walk Outside or Arena 12:00 Lunch & Tidy up 1:00 Sparkling Beverage & Karaoke 🎵 1:50 3:00 Pic Bingo</p>	<p>6th Wednesday 8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Mindfulness 10:00 Safety-Visit to Fire Hall 11:00 Tour & Safety Chat 12:00 Lunch & Tidy up 1:00 Current Events 1:50 Art Class at VISAC - 2pm - 3pm 🎨 3:00 Name that Tune</p>	<p>7th Thursday 8:00 Morning Greetings & Sign-in 9:00 Body Balance / Recycle Prep ♻️ 10:00 Cultural - Stained Glass Window Art 11:00 Remembrance of Aboriginal Children 12:00 Lunch & Tidy up 1:00 Walk / Swimming 1:50 Theatre Games/Sing alongs Songs 3:00 Crossword</p>	<p>8th Friday 8:00 Morning Greetings & Sign-in 9:00 Just Dance/Digital Learning 10:00 International Woman's Day - 11:00 Book Buzz & Short Documentary 12:00 Lunch & Tidy up 1:00 Game of Pool & Beverage 1:50 at the Arlington 3:00 Mind Games</p>	
<p>11th Monday 8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move/Digital Learning 10:00 Counting Pop Bottles 11:00 Employment - What are Job Duties? 12:00 Lunch & Tidy up 1:00 Book Buzz - Peer Read Along 1:50 at the library 3:00 Find the Difference</p>	<p>12th Tuesday 8:00 Morning Greetings & Sign-in 9:00 Walk Outside or Arena 🏠 10:00 Games Group/Shopping 11:00 Name that Tune 12:00 Lunch & Tidy up 1:00 Friendship - Get to know you Games 1:50 Games "Circle Up, High Five it" 3:00 Name that Tune</p>	<p>13th Wednesday 8:00 Morning Greetings & Sign-in 9:00 Body Balance/Mindfulness 10:00 Cook Beef Burgers & Veggies 🍴 11:00 Kitchen Safety Work Sheets/Goal Activity 12:00 Lunch & Tidy up 1:00 Current Events 1:50 Art Class at VISAC - 2pm - 3pm 🎨 3:00 Crossword</p>	<p>14th Thursday 8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Mindfulness/Recycle Prep 10:00 Rights Awareness - Group Discussion 11:00 Talent show Practice 12:00 Lunch & Tidy up / Swimming 1:00 Make Cookie Dough (St.Patricks cookies) 1:50 Art - Layered Paper Shamrocks 3:00 Word Scramble</p>	<p>15th Friday 8:00 Morning Greetings & Sign-in 9:00 Am Stretch / Digital Learning 10:00 Decorate St Patricks Day Cookies 11:00 How to write a Limerick 📖 12:00 Lunch & Tidy up 1:00 Royal Theatre-Kung Fu Panda 1:50 1:30 pm doors open - Movie starts at 1:45pm 3:00 Ends at 3:20 pm</p>	
<p>18th Monday 8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Digital Learning 🌐 10:00 Current Events 11:00 Eat early Lunch 12:00 Lunch & Up to Rossland 1:00 Rossland-Canadian National Alpine 1:50 Championships @ Red Mountain 3:00 Card Games</p>	<p>19th Tuesday 8:00 Morning Greetings & Sign-in 9:00 Body Balance/Mindfulness 10:00 Apples to Apples-Games Group 11:00 Games Group Continues 12:00 Lunch & Tidy up 1:00 Music Group-Your Pick Songs 1:50 Lip synce Battle 3:00 Word Search</p>	<p>20th Wednesday 8:00 Morning Greetings & Sign-in 9:00 Chair Exercises / Mindfulness 10:00 Time at Gyro to 11:00 Walk, Draw and/or Relax 12:00 Lunch & Tidy up 1:00 Make Matcha Lattes and have 1:50 Team Meeting 3:00 Pic Bingo</p>	<p>21st Thursday 8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move/Recycle Prep 10:00 Talent Show - Practice 🎭 11:00 Theatre Games 12:00 Lunch & Tidy up 1:00 Just Dance/Swimming 1:50 Goal Activity/Journal 3:00 Find the Difference</p>	<p>22nd Friday 8:00 Morning Greetings & Sign-in 9:00 Just Dance/Digital Learning 🌐 10:00 Canvas Art Painting 11:00 Easter Bunny - 1st Part 🐰 12:00 Lunch & Tidy up 1:00 2nd Part - Complete Easter Bunny 1:50 Canvas Art 3:00 Word Scramble</p>	
<p>25th Monday 8:00 Morning Greetings & Sign-in 9:00 Tai Chi/Digital Learning 10:00 Disc Golf in Oasis 11:00 Disc Golf 12:00 Lunch & Tidy up 1:00 Workshop - What is 1:50 Personal Growth? 3:00 Name that Tune</p>	<p>26th Tuesday 8:00 Morning Greetings & Sign-in 9:00 Roll the Dice & Move 10:00 Games Group/Shopping 11:00 Goal Activity 12:00 Lunch & Tidy up 🎵 1:00 Music Group - Disco Era 1:50 Learn The Shuffle & YMCA 3:00 Find the Difference</p>	<p>27th Wednesday 8:00 Morning Greetings & Sign-in 9:00 Am Stretch/Mindfulness 🍴 10:00 Cook BLT Grilled Cheese Sandwiches 11:00 Boil Eggs for Craft/Walk 12:00 Lunch & Tidy up 1:00 Decorate Easter Eggs 1:50 and Dot Art Easter Eggs 3:00 Card Games</p>	<p>28th Thursday 8:00 Morning Greetings & Sign-in 9:00 Body Balance / Recycle Prep 10:00 Current Events 11:00 Money Recognition Games 12:00 Lunch & Tidy up 1:00 Walk / Swimming 1:50 Theatre Games/Sing alongs Songs 3:00 Crossword</p>	<p>29th Friday GOOD FRIDAY STAT</p>	