





Community Support May 2023 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
1	2	3 Cooking Group 3:00-6:00pm Workshop: Kitchen Basics, lets watch the professionals Kitchen Quiz to follow Team Meeting	4 Social Rec 12:30 -5:30 pm Loss and Grief talk Memorial at Legion 1:00-3:00pm Games day to follow	5 Life Skills and Culture Group 1-4 pm Life Skills: Stress Management Make our own stress ball	RSVP deadline for next weeks' events Cooking Group Group 3:00-6:00 Meet at TAAC Thursday Social Recreation 12:30-5:30pm Meet at TAAC Unless otherwise stated
8 	9	10 Cooking Group 3:00-6:00pm Homemade Macaroni & Cheese with broccoli salad Workshop: dinner table manners	11 Social Rec 2:00-7:00 pm Silver City Days outing Food truck dinner \$15p/p Meet at TAAC Team meeting	12 Life Skills and Culture Group 1-4 pm Culture: Indonesia Craft to follow Team Meeting	
15	16	17 Cooking Group 3:00-6:00 pm Chicken Cutlets & Greek Salad Workshop: Kitchen safety	18 Social Rec 12:30 5:30 pm Communities in Bloom volunteering TBA	19 Life Skills and Culture Group 4-7pm Self Advocacy Group CLBC workbook Dinner provided	Life Skills and Culture Group 1-4 pm Meet upstairs at TAAC RSVP 250-368-3503 Extension 8 Community Support
22 VICTORIA DAY TACL CLOSED	23	24 Cooking Group 3:00-6:00 pm Lemon Meringue pie Workshop: Food budgeting	25 Social Rec 12:30 -5:30 pm Bowling \$5 per game Snack at the bowling alley \$5	26 Life Skills and Culture Group 1-4 pm Culture: Brazil Craft to follow	
29 	30	31 Cooking Group 3:00-6:00 pm Sausages, onions & Perogies Workshop: personal hygiene for the kitchen		SEE YOU NEXT MONTH!! 