May 2024 - T

WELCOME!!! DAY PROGRAM IS OPEN FROM 8:00 AM AND STARTS WITH WELCOMES, CHECK INS AND CHIT CHATS. END OF THE DAY IS AT 4:00 PM. PLEASE KEEP IN MIND THAT IF YOU ARE SICK, PLEASE STAY AT HOME. THANK YOU FOR YOUR UNDERSTANDING.

******REMEMBER TO DRESS AND PREPARE FOR THE WEATHER******

*****PLEASE SEE COST BREAKDOWN SHEET*****

1st				
8:00				
9:00				
10:00				
11:00				
12:00				
1:00				
1:50				
3:00				

6th	Monday	7th	Tuesday	8th
8:00	Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
9:00	Tai Chi/Digital Learning	9:00	Roll the Dice & Move	9:00
10:00	Goal Activity/Talent Show Practic	10:00	Games Group/Shopping	10:00
11:00	Employment-Conflict Resolutic	11:00	Name that Tune	11:00
12:00	Lunch & Tidy up	12:00	Lunch & Tidy up	12:00
1:00	Arm Chair Travel-Madagascar	1:00	British Hits through the years	1:00
1:50	Walk the Loop	1:50	Music Games	1:50
3:00	Word Search	3:00	Pic Bingo	3:00

13th	Monday	14th	Tuesday	15th
8:00	Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
9:00	Roll the Dice & Move/Digital Learni	9:00	Am Stretch/Mindfulness	9:00
10:00	Counting Pop Bottles	10:00	Games Group/Shopping	10:00
11:00	Cultural - Collage Art Project	11:00	Walk Outside or Arena	11:00
12:00	Lunch & Tidy up	12:00	Lunch & Tidy up	12:00
1:00	Book Buzz - Peer Read Along	1:00	Classical Music	1:00
1:50	at the library	1:50	Rhythm Games	1:50
3:00	Find the Difference	3:00	Name that Tune	3:00

20th	Monday	21st	Tuesday	22nd
		8:00	Morning Greetings & Sign-in	8:00
		9:00	Body Balance/Mindfulness	9:00
	Victoria Day	10:00	Games Group/Shopping	10:00
		11:00	Name that Tune	11:00
	Stat	12:00	Lunch & Tidy up	12:00
		1:00	Russian Dance Cup Game	1:00
		1:50	Eastern European Music	1:50
		3:00	Word Search	3:00

27th	Monday	28th	Tuesday	29th
8:00	Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
9:00	Tai Chi/Digital Learning	9:00	Roll the Dice & Move	9:00
10:00	Counting Pop Bottles	10:00	Games Group/Shopping	10:00
11:00	Cultural - Symbols	11:00	Walk Outside or Arena	11:00
12:00	Lunch & Tidy up	12:00	Lunch & Tidy up	12:00
1:00	Book Buzz - Peer Read Along	1:00	70's Rock n Roll	1:00
1:50	at the library	1:50	Karaoke	1:50
3:00	Name that Tune	3:00	Crossword	3:00

'ACL DAY PROGRAM ACTIVITY CALENDAR

Wednesday	2nd	Thursday	3rd
Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
Body Balance/Mindfulness	9:00	Am Stretch/Mindfulness/Recycle	9:00
Goal Activity/Talent Show Practice	10:00	Employment-Diversity and Inclusic	10:00
Workshop-Honey Bees & Pollinators	11:00	Name that Tune	11:00
Lunch & Tidy up	12:00	Lunch & Tidy up / Swimming Prep	12:00
Current Events/Positive Stories	1:00	Walk /Swimming	1:00
Mixed Media - Compliment Flowers	1:50	Theatre Games/Sing along Songs	1:50
Mind Games	3:00	Find the Difference	3:00
Wednesday	**9th**	**Thursday**	**10th**
Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
Am Stretch/Mindfulness	9:00	Body Balance / Recycle Prep	9:00
Cook - Chicken Rice Bowl	10:00	Mother's Day Tea Prep	10:00
Kitchen Safety-Choose fresh ingredie	11:00	and cont…Prep	11:00
Lunch & Tidy up	11:30	Early Lunch	12:00
Mixed Media - Butterflies and	1:00	***TACL Mother's Day Tea***	1:00
Mother's Day Tea Cooking	1:50	***1pm to 3pm***	1:50
Name that Tune	3:00	Clean up from Tea	3:00
Wednesday	**16th**	**Thursday**	**17th**
Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
Body Balance/Mindfulness	9:00	Tai Chi/Mindfulness/Recycle Prep	9:00
Goal Activity/Talent Show Practice	10:00	Arm Chair Travel - Niagara Falls	10:00
Workshop-Stay safe in Hot Weather	11:00	Waterfall Craft	11:00
Lunch & Tidy up	12:00	Lunch & Tidy up / Swimming Prep	12:00
Current Events/Positive Stories	1:00	Walk/Swimming	1:00
Sign Language - Alphabet	1:50	Theatre Games/Sing along Songs	1:50
Crossword	3:00	Word Scramble	3:00
Wednesday	**23rd**	**Thursday**	**24th**
Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
Chair Exercises / Mindfulness	9:00	Roll the Dice & Move/Recycle Prep	9:00
Cook - Spinach Strawberry Salad	10:00	Goal Activity/Journal	10:00
Kitchen Safety-Cross-contamination	11:00	Talent Show Practice	11:00
Lunch & Tidy up	12:00	Lunch & Tidy up / Swimming Prep	12:00
Pool and Beverage	1:00	Walk/Swimming	1:00
at the Arlington/Team Meeting	1:50	Theatre Games/Sing along Songs	1:50
Pic Bingo	3:00	Find the Difference	3:00
Wednesday	**30th**	**Thursday**	**31st**
Morning Greetings & Sign-in	8:00	Morning Greetings & Sign-in	8:00
Body Balance/Mindfulness	9:00	Am Stretch/Mindfulness/Recycle Prep	9:00
Workshop-How to Recycle	10:00	Workshop - Friendship Building	10:00
Goal Activity/Talent Show Practice	11:00	Talent Show Practice	11:00
Lunch & Tidy up	12:00	Lunch & Tidy up / Swimming Prep	12:00
Current Events/Positive Stories	1:00	Walk/Swimming	1:00
Walk the Loop	1:50	Theatre Games/Sing along Songs	1:50
Pic Bingo	3:00	Find the Difference	3:00

Friday

Morning Greetings & Sign-in
Just Dance/Mindfulness/Digital Learning
Mother's Day Tea and
Silver City Days Parade Prep
Lunch & Tidy up
Movie and make flowers
for parade
Crossword

Friday

Morning Greetings & Sign-in
Just Dance/Digital Learning
Silver City Days Parade Prep
Cont.. Parade Prep
Lunch & Tidy up
Silver City Days Parade Prep
Cont.. Parade Prep
Mind Games

Friday

Morning Greetings & Sign-in
Am Stretch / Digital Learning
Walk & Bocce at Gyro
Cont...Gyro
Lunch & Tidy up
Glenmerry Bowl & Treat
Bowling Est return 2:30 pm
Pic Bingo

Friday

Morning Greetings & Sign-in
Am Stretch/Digital Learning
Goal Activity/Prep for outing
Walk to Bus stop/Bus to Rossland 11:12am
Lunch at Subway
Buy Local - Sweet Treat
Bus leaves at 2:18pm
Word Scramble

Friday

Morning Greetings & Sign-in
Just Dance/Mindfulness
Mixed Media Art - Sports Themed
Cont…Art
Lunch & Tidy up
Mini-Golf
at Glenmerry Bowl
Word Scramble