

# November

2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Recycling Supplies Transit Planning/Fundraising SR: Window shop	2 Swimming Baking Remembrance Day History & Meaning	3 Recycling Coffee Group What is "self-care"? Baking	4 Group Art Poster for Bake Sale BYOL	5
6	7 Recycling P/A: Laps at arena H/F: Healthy Choices; coffee group CVL Baking/Self-Empl.	8 Recycling Supplies Transit Baking SR: Baking	9 Swimming Baking Remembrance Day Craft/Art Project	10 Recycling Coffee Group Likes & Similarities (support groups) Baking	11 TAAC Closed  Remembrance Day...	12
13	14 Recycling P/A: Swimming H/F: Healthy Choices; out for lunch CVL Baking/Self-Empl.	15 Recycling Supplies Transit Baking SR: Crafts	16 Swimming Baking Intro to CIRCLES	17 Recycling Coffee Group Customer Service; Baking Delivery ☺	18 Group Art Poster for Bake Sale BYOL	19 Annual Community Bake Sale at Waneta Plaza 9:30a - 4:30p
20	21 Recycling P/A: Laps at arena H/F: Healthy Choices; @ the movie CVL Artistic expression	22 Recycling Supplies Transit Team Building SR: Crafts & Coffee	23 Swimming Library CIRCLES	24 Recycling Coffee Group Staff Meeting	25 (Forrest Place) Cozy Crafts & PJ Day at TAAC BYOL	26
27	28 Recycling P/A: Swimming H/F: Healthy Choices; @ home & work CVL Artistic expression	29 Recycling Supplies Transit Team Building SR: Crafts & Coffee (invite FH)	30 Swimming Bingo Team Meeting			

P/A: Physical Activity; H/F: Health and Fitness; CVL: Columbia View Lodge; SR: Senior's Group

Please remember that these are timed activities which require pre-planning. If you would like to participate, you must contact the staff at TAAC, in advance, and show up on time: 10am for morning activities and 1pm for afternoon activities. Thank you.