

2019 TAAC DAY PROGRAM NOVEMBER CALENDAR

MONDAY Madness	TUESDAY Tune Up	WEDNESDAY Mind, Body & Soul	THURSDAY Thinking Caps	FRIDAY Fun Day	Schedule/Day Program Routine
<p>*** Reminder: please let us know in advance if you are joining us on activity days, to make sure we have seating capacity and enough materials! This applies to Day Program Participants as well!!!</p>					
<p>4</p> <ul style="list-style-type: none"> - Recycling "SG"; - CVL Visit "SG"; - Book Club – Story & Discussion; <p><i>[TAAC Maintenance and Health & Safety]</i></p>	<p>5</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Music Group: Learn to sing! <p><i>[TAAC Maintenance]</i></p>	<p>6</p> <ul style="list-style-type: none"> - Break-Out Mens & Ladies Group; - Workshop Winter Blues – Discussion about Depression; <p><i>[TAAC Maintenance]</i></p>	<p>7</p> <ul style="list-style-type: none"> - Recycling "SG"; - Let's learn – What is Remembrance Day? - Craft: Poppies! <p><i>[TAAC Maintenance]</i></p>	<p>1</p> <p>BOWLING 1-3pm</p>	<p>Welcome to Day Program <i>We try our best to stick to the following routine daily, unless otherwise stated:</i></p>
<p>11</p> <p>CLOSED</p> <p>REMEMBRANCE DAY</p>	<p>12</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Music Group: Sing like a pro! <p><i>[TAAC Maintenance]</i></p>	<p>13</p> <ul style="list-style-type: none"> - Break-Out Mens & Ladies Group; - Workshop Winter Blues – Discussion about Isolation; <p><i>[TAAC Maintenance]</i></p>	<p>14</p> <ul style="list-style-type: none"> - Recycling "SG"; <p>BAKE SALE @ Waneta Mall 10am-3pm</p>	<p>15</p> <p>Library Visit 10:00am – 11:30am</p> <hr/> <p>Afternoon Movie at Royal Theatre 1-3 pm (\$TBD) <i>(RSVP to Alpha House)</i></p>	<p>8:00am – 9:00am: arrivals & day prep;</p> <p>9:00am – 9:30am: Coffee/Tea & peer to peer social time;</p> <p>9:30am – 10:00am: Clean-up & TAAC Maintenance;</p> <p>10:00am – Noon: activity/craft/workshop/ community outing;</p> <p>Noon – 1:00pm: Lunch & clean-up;</p>
<p>18</p> <ul style="list-style-type: none"> - Recycling "SG"; - CVL Visit "SG"; - Book Club – Story & Craft; <p><i>[TAAC Maintenance and Health & Safety]</i></p>	<p>19</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Music Group: Get ready for Christmas Concert! <p><i>[TAAC Maintenance]</i></p>	<p>20</p> <ul style="list-style-type: none"> - Break-Out Mens & Ladies Group; - Workshop Winter Blues – Discussion about Sleep Deprivation; <p><i>[TAAC Maintenance]</i></p>	<p>21</p> <ul style="list-style-type: none"> - Recycling "SG"; - Map My Community Team(s): Get to Know Your Community; - Calendar Team Planning Meeting 1 – 2pm; <p><i>[TAAC Maintenance]</i></p>	<p>22</p> <p>Library Visit 10:00am – 11:30am</p> <hr/> <p>Afternoon Visit to Rossland Museum \$5.00 p/p (BYOL eat on site)</p>	<p>1:00pm – 2:00pm: activity/craft/workshop/ community outing (may be continuance from the morning);</p> <p>2:00 – 3:00pm: winding the day down, peer to peer social time, movie, discussions, health & safety drills, TAAC maintenance;</p> <p>3:00 – 4:00pm: good-byes, clean-up & farewell for the day!</p>
<p>25</p> <ul style="list-style-type: none"> - Recycling "SG"; - CVL Visit "SG"; - Book Club: Vision Boards; <p><i>[TAAC Maintenance and Health & Safety]</i></p>	<p>26</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Music Group: Get ready for Christmas Concert! <p><i>[TAAC Maintenance]</i></p>	<p>27</p> <ul style="list-style-type: none"> - Break-Out Mens & Ladies Group; - Fashion Show 1 – 2pm <p><i>[TAAC Maintenance]</i></p>	<p>28</p> <ul style="list-style-type: none"> - Recycling "SG"; - Map My Community Team(s): Scavenger Hunt; <p><i>[TAAC Maintenance]</i></p>	<p>29</p> <p>Library Visit 10:00am – 11:30am</p> <hr/> <p>Afternoon Trip to Chances Casino (BYOL or Buy Lunch)</p>	<p>* <i>Pre-Selected Groups "SG":</i> are not open to everyone individuals are pre-selected based on varied requirements.</p> <p> All activities are accessible to everyone unless this symbol is beside the activity.</p>