





2020 TAAC DAY PROGRAM NOVEMBER CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Day Program Routine	
<p>2 Welcoming Wellness 9:15-10 Health activity</p> <ul style="list-style-type: none"> - Safety Meeting: Covid safe practices; - Group circuit learning 	<p>3 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Walk and Autumn scavenger hunt (outdoors) - Goal building - Music Games- musical chairs - Music Group : Karaoke to our favorite songs - 	<p>4 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Pen Pal Program; - Armchair Travel to Flanders Fields ; - Activity: Make Poppies. 	<p>5 Welcoming Wellness - Recycling Day "SG" 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - On-line Art Show - Workshop: BUDGETING. 	<p>6 Welcoming Wellness 9:15-10 :00 Health activity</p> <p>Bowling and lunch out \$15</p>	<p>Welcome to Day Program <i>We try our best to stick to the following routine daily, unless otherwise stated:</i></p> <p>8:30am – 9:00am: arrivals & day prep;</p> <p>9:00am – 9:30am: Morning check-in;</p> <p>9:30am – 10:30am: Let the day begin with games, activities, workshops...</p> <p>Noon – 1:00pm: Lunch & clean-up;</p> <p>1:00pm – 3:00 pm activity/ craft/workshop/ community outing (may be continuance from the morning); peer to peer social time, movie, discussions</p> <p>3:00– 3:30pm: winding the day down, clean-up, health & safety drills, TAAC maintenance</p> <p><i>* Pre-Selected Groups "SG": are not open to everyone individuals are pre-selected based on varied requirements.</i></p> <p>All activities are accessible to everyone unless this symbol is beside the activity. </p>	
<p>9 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Safety Meeting: Covid safe practices; - Group circuit learning; - Goal building 	<p>10 Welcoming Wellness9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Book Club : - Reading about Remembrance day; - Learning about Canada's part in ww2 	<p>11 REMEMBRANCE DAY TAAC CLOSED</p>	<p>12 Welcoming Wellness 9:15-10 :00 Health activity</p> <p>Community Scavenger Hunt;</p> <p>Work shop: winter safety Activity. To follow</p>	<p>13 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Bus safety talk; Social distance reminders; <p>Bus to Rossland to enjoy a Coffee and some socializing!</p> <p>Let's go to the movies at TAAC with popcorn and a drink \$2</p>		
<p>16 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Safety Meeting: Covid safe practices; - Group circuit learning - Team Meeting 	<p>17 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Goal building - Music Group: Disco music! - Learn some disco dancing and karaoke; dress up 70's for fun. 	<p>18 Welcoming Wellness: 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Pen Pal Program; - Armchair Travel; Belgium - Craft. 	<p>19 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Workshop: Self esteem - Looking inward - Self esteem bingo - 	<p>20 Welcoming Wellness 9:15-10 :00 Health activity</p> <p>Group swimming: Therapeutic movement</p>		
<p>23 Welcoming Wellness9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Safety Meeting: Covid safe practices; - Group circuit learning 	<p>24 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Goal building - Community connections - Laundry club! New! 	<p>25 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Pen pal program - Armchair Travel Tofino - Craft: forest beauty 	<p>26 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Recycling day "SG"; - Learning ; - Canvas art project - 	<p>27 Welcoming Wellness 9:15-10 :00 Health activity</p> <p>NEW! Cooking group! Wow! Yummy!</p>		
<p>30 Welcoming Wellness 9:15-10 :00 Health activity</p> <ul style="list-style-type: none"> - Safety Meeting: Covid safe practices; - Group circuit learning - 80's Fun Party 						
<p>See you next month!!!!</p> <p></p>						