



# Trail Association for Community Living

## Child and Youth Program



### Youth Program (Mondays & Wednesdays) November 2020

<p><b>Monday</b>  <b>Cooking Group</b>            3:00pm-6:00pm  <i>Pick up at activity site (TAAC)</i></p>		<p><b>Wednesday</b>  <b>Recreation Group</b>            3:00pm-5:00pm  <i>Pick up at activity site (TAAC)</i></p>	
<p><b>November 2<sup>nd</sup></b>            Balanced diet            &amp;            Let's make a sandwich            (sandwich day)</p>		<p><b>November 4<sup>th</sup></b>            Music rehearsal            &amp;            Christmas Art project</p>	
<p><b>November 9<sup>th</sup></b>            Food experiment            &amp;            Chef salad</p>		<p><b>November 11<sup>th</sup></b>             No Group</p>	
<p><b>November 16<sup>th</sup></b>            Food sanitation            &amp;            Cheese quesadilla</p>		<p><b>November 18<sup>th</sup></b>            Letter to Santa            &amp;            Christmas art project</p>	
<p><b>November 23<sup>rd</sup></b>            Canadian food guide            &amp;            Make your own pizza</p>		<p><b>November 25<sup>th</sup></b>            Music rehearsal            &amp;            Christmas Art project</p>	
<p><b>November 30<sup>th</sup></b>            Personal goal            (preparation)            &amp;            Oven roasted            potatoes/Chicken</p>			

**NOTE: \* Social distancing in process.**

