









Community Support November 2023 Calendar



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Group Info |
|---|---|---|---|--|---|
|  | <p>November Birthdays Clancy & Donna</p>  | <p>1 Cooking Group 3:00-5:45pm Workshop: Interactive Cooking Knowledge and Kitchen Safety Games</p> | <p>2 Social Rec 12:30-5:15pm Bowling \$15 p/p</p>  | <p>3 NEW!! Music Group 10am-12:45pm Bring your lunch Build your own Instrument</p> | <p>Wednesday Cooking Group 3:00-5:45pm Meet at TAAC</p> <p>Thursday Social Rec. Group 12:30-5:15pm Meet at TAAC Unless otherwise stated</p> <p>Friday Music Group 10:00-12:45pm Meet at TAAC</p> <p>RSVP By Friday for next weeks activities 250 368 3503 Ext. 8 Community Support</p> |
| <p>6 As the weather gets colder please remember to bring jackets and wear appropriate shoes to outdoor events</p> | <p>7</p> | <p>8 Cooking Group 3:00-5:45pm Chicken Rice Soup Workshop: What is "Comfort Food"</p> | <p>9 Social Rec 12:30-5:15pm Craft Day Bring your own project</p> | <p>10 NEW!! Music Group Bring your lunch 10am-12:45pm Karaoke & Music Trivia</p> | |
| <p>13 TAACL CLOSED Lest we forget...</p>  | <p>14</p> | <p>15 Cooking Group 3:00-5:45pm Workshop: Building our take home recipe book</p> | <p>16 Social Rec 12:30-5:15pm Aquatic Centre Swimming & Snack \$15p/p</p> | <p>17 Music Group 10am-12:45pm Bring your lunch Sing-A-Long Movie MAMMA MIA</p> | |
| <p>20</p> | <p>21</p> | <p>22 Cooking Group 3:00-5:45pm Beef Stew with dumplings</p> | <p>23 Social Rec 12:30-5:15pm Community Safety workshop and tour of the RCMP Detachment</p> | <p>24 SELF ADVOCACY GROUP 4:00-7:00 pm @ TAAC Movie & Pizza Crip Camp: A Disability Revolution</p> | |
| <p>27</p> |  | <p>29 Cooking Group 3:00-5:45pm Rise and Shine Healthy Breakfast Muffins Workshop: Cooking Vocabulary</p> | <p>30 Social Rec 12:30-5:15pm TAACL Christmas Party decorations and preparation</p> | <p>SEE YOU NEXT MONTH</p>  | |