
















NOVEMBER 2023 - TACL DAY PROGRAM ACTIVITY CALENDAR

 <p>WELCOME!!!</p> <p>PROGRAM IS OPEN AT 8:00 AM AND STARTS WITH WELCOMES, CHECK INS AND CHIT CHATS. END OF THE DAY IS AT 4:00 PM. PLEASE KEEP IN MIND THAT IF YOU ARE SICK, PLEASE STAY HOME. THANK YOU FOR YOUR UNDERSTANDING.</p>	  <p align="center">1st Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 AM Stretch/Affirmations 10:00 Food Safe/Digital Learning 11:00 Brain Games 12:00 Lunch 1:00 Money Money Money  1:50 BINGO 3:00 Side by Side Modules</p>	<p align="center">2nd Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Jazzercise/Recycle Prep 10:00 Goal Activity / Small Groups 11:00 Remembrance Day Craft 12:00 Lunch 1:00 Fly Me to Mexico 1:50 What is Time? Lets Learn!  3:00 Watercolour Painting</p>	<p align="center">3rd Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk the Loop/Meditation 10:00 Book Buzz-Short Stories 11:00 Typing/Writing Practice 12:00 Lunch 1:00 MOVIE  1:50 & POPCORN 3:00 Pic Bingo</p>	
<p align="center">6th Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll The Dice & Move 10:00 Math Games 11:00 Would YOU Rather? 12:00 Lunch 1:00 Life Skills-Self Advocacy 1:50 Drawing Practice/Disney 3:00 Card Games</p>	<p align="center">7th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Body Balance/Mindfulness 10:00 Games Group/Shopping 11:00 Goal Activity/ Small Groups 12:00 Lunch 1:00 Theatre Games 1:50 Music-Learn the Beat  3:00 Word Search</p>	<p align="center">8th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Flex it!! / Digital Learning 10:00 Cook Taco's /Food Worksheets 11:00 Isn't It Funny? Joke Telling 12:00 Lunch  1:00 Book Buzz-Go to Library  1:50 PEER Read Along 3:00 Side by Side Modules</p>	<p align="center">9th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Am stretch / Recycle Prep 10:00 Goal Activity / Small Groups 11:00 Target Games 12:00 Lunch 1:00 Money Money Money 1:50 What is Flanders Fields? 3:00 Indoor Scavenger</p>	<p align="center">10th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Just Dance/Mindfulness 10:00 Painting-Abstract 11:00 Typing/Writing Practice 12:00 Lunch 1:00 What is Remembrance Day? 1:50 "Remembrance Day" Film 3:00 Name that Tune</p>
<p align="center">13th Monday</p> <p align="center">STAT TAAC CLOSED</p>	<p align="center">14th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll The Dice & Move 10:00 Games Group 11:00 Goal Activity/ Small Groups 12:00 Lunch 1:00 Theatre Games  1:50 Music-Sing The Beatles 3:00 Find the Difference</p>	<p align="center">15th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Body Balance/Digital Learning 10:00 Food Safe/ Theatre Games 11:00 What is Kindness? Short Video 12:00 Lunch 1:00 Money Money Money 1:50 Yahtzee/Sorry-Counting Games 3:00 Side by Side Modules</p>	<p align="center">16th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Flex It / Recycle Prep 10:00 Goal Activity / Small Groups 11:00 Fly me to New Zealand 12:00 Lunch 1:00 Why we Recycle? Let's Learn  1:50 Fall Tree Craft 3:00 Watercolour Painting</p>	<p align="center">17th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk the Arena 10:00 Brain Games 11:00 Typing/Writing Practice 12:00 Lunch 1:00 Make your own Speciality 1:50 Coffee & Trivia 3:00 Pic Bingo</p>
<p align="center">20th Monday</p>  <p>8:00 Morning Greetings & Sign-in 9:00 Walk to bus stop/Bus to Mall 10:00 Bus to Mall/Personal Shopping 11:00 Personal Shopping  12:00 Lunch - Purchase or BYOL 1:00 Budgets-What are they? 1:50 Money Money Money 3:00 Card Games</p>	<p align="center">21st Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Body Balance/Mindfulness 10:00 Games Group/Shopping 11:00 Goal Activity/ Small Groups 12:00 Lunch 1:00 Theatre Games 1:50 Music-Stories in Music 3:00 Word Search</p>	<p align="center">22nd Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Flex it!! / Digital Learning 10:00 Cook Tuna Melts/How to Clean? 11:00 Friendship Building 12:00 Lunch  1:00 Book Buzz-Go to Library 1:50 PEER Read Along 3:00 Side by Side Modules</p>	<p align="center">23rd Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Just Dance/ Recycle Prep 10:00 Goal Activity / Small Groups 11:00 Would YOU Rather? 12:00 Lunch 1:00 Life Skills-Winter Safety  1:50 Snow Craft 3:00 Indoor Scavenger</p>	<p align="center">24th Friday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Roll The Dice & Move 10:00 Team Meeting 11:00 Planning for Christmas Party 12:00 Lunch 1:00 Peer Outing/Coffee shop 1:50 Peer Outing/Card Games 3:00 Name that Tune</p>
<p align="center">27th Monday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Flex It!!/Mindfulness 10:00 Typing/Writing Practice 11:00 Paper Art-Christmas Tree 12:00 Lunch  1:00 Money Money Money 1:50 Paper Art-Christmas Tree</p>	<p align="center">28th Tuesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Mindfulness/Drive to Gbowl 10:00 Bowling In Glenmerry 11:00 Bowling 12:00 Lunch 1:00 Goal Activity/ Small Groups 1:50 Music-Learn Christmas Carols</p>	<p align="center">29th Wednesday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Walk the Arena 10:00 Food Safe / Digital Learning 11:00 Theatre Games-Empathy 12:00 Lunch 1:00 Life Skills-Keeping Tidy 1:50 Make Christmas Party Invites</p>	<p align="center">30th Thursday</p> <p>8:00 Morning Greetings & Sign-in 9:00 Exercise / Recycle Prep 10:00 Special Guest: Scrapbooking 11:00 Christmas Cards  12:00 Lunch 1:00 Goal Activity / Small Groups 1:50 Bullet/Art Journal</p>	 <p align="center">REMEMBRANCE DAY IS NOVEMBER 11TH</p>

3:00 Creative Writing

3:00 Find the Difference

3:00 Side by Side Modules

3:00 Watercolour Painting



Activity Description

Roll the Dice & Move is an Exercise Game that uses Dice and a set of six choices of exercises. Each person gets to roll and group does the corresponding exercise

Money Money Money is counting skills, budget talks and 1:1 counting/budget of DP personal wallet (If have one here)

Flex It is an Exercise game that incorporates stand still body movements

Theatre Games is an opportunity to build self esteem, play, work on communication and create in a group setting

Goal Activity is time to work on personal goals in a small group setting and with time for 1:1 support as needed

Would YOU Rather is a conversation game

Target Games are coordination games

Brain Games are games that work with memory, problem-solving skills and attention, just to name a few

Please note that we will continue to have cooking group every other Wednesday. I have placed a plate symbol on those days. We will work on food safety on non-cooking days.

NOVEMBER DAY PROGRAM ACTIVITY CALENDAR COST BREAK DOWN

COOKING DAYS

November 8th - TACO'S - \$6.00

November 22nd - TUNA MELTS - \$6.00

November 17th - \$2.00 Make your own specialty coffee

November 20th – Bus Fare \$4.50 round trip

November 24th – \$5-10 peer outing/drink

November 29th - \$5.00 per game - \$2.00 shoes

November 30th - \$5.00 for two cards/ \$6.00 for three card