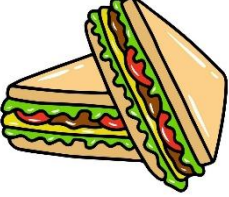
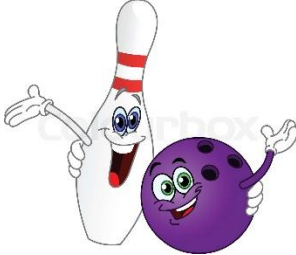
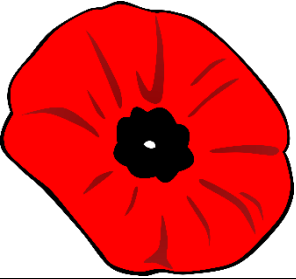


Community Support November 2025 Calendar

MONDAY	TUESDAY Cooking Group 12:30 - 4:45 pm	THURSDAY Social/Recreation 12:30 - 5:15 pm	FRIDAY	Program Info
3 	4 Tim's Tuna Melts Peer led cooking!	6 Bus to / from Bowling \$15	7 	Tuesday Cooking Group 12:30-4:45pm Meet at CIC Thursday Social & Rec 12:30-5:15pm Meet at CIC Unless otherwise stated RSVP Deadline for next weeks' events Every Friday RSVP 250-512-9224 Community Support
10 	11 Remembrance Day Closed	12	13 Self-Advocacy Meeting 1-3 @ TAAC	
17 	18 Beef Stroganoff	19	20 No Group – Moved to Nov 21	
			21 Puck Toss Meet @5pm Dinner @ Subway Pick up A&W 9:30 \$30	
24 	25 Baking for Bake sale- Chocolate Hedgehog Slice Peppermint Chocolate Slice	26	27 Dabble N Dip Christmas Crafternoon \$35	
			28 	

- This month we will focus on cold weather safety, how to check your smoke detector & first aid for head neck and spinal injuries. We will also be starting a monthly Peer-led cooking group.