

NOVEMBER 2025 - TACL DAY PROGRAM ACTIVITY CALENDAR

3rd	MONDAY	4th	TUESDAY	5th	WEDNESDAY	6th	THURSDAY	7th	FRIDAY
	Rise & Shine Time Life Skills - Speaking up for our needs Café Social with Card games Lunch & Tidy up Book Buzz - Wolf Siren & CVL volunteer Lego Building Crew		Rise & Shine Time Games Group Lunch & Tidy up Remembrance Day Art - Making Poppies and wreath craft Pic Bingo	1st	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Art Classes at VISAC GALLERY 1:30PM TO 2:30PM Activity Sheet - History of Canada	2nd	Rise & Shine Time Life Skills: Keep the winter blues away Life Skills - We Have Human Rights: Exploring the handbook Lunch & Tidy up Arm Chair Travel: Ontario - The Great Lakes & Niagara Falls craft Dice Game	3rd	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Workshop - Learning about Remembrance Day / walk to Cenotaph Water the plants
10th	Rise & Shine Time Safety Chat: Health Care TEAM MEETING WITH MOCHA'S AND TEAM BUILDING GAMES Lunch & Tidy up Book Buzz - A Humming bird on my Balcony Lego Building Crew	11th	Remembrance Day STAT 	12th	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Art Classes at VISAC GALLERY 1:30PM TO 2:30PM Activity Sheet - want or need	13th	Rise & Shine Time Life Skills: Shopping & Christmas Baking Lunch & Tidy up Life Skills: Together in Motion Circle of Stories	14th	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up UNO & POPCORN Life Skills - We Have Human Rights: Exploring the handbook
17th	Rise & Shine Time Safety Chat: Fire Drill Menu building, budget and grocery store visit Lunch & Tidy up Book Buzz - Song for a Whale & CVL volunteer Lego Building Crew	18th	Rise & Shine Time Games Group Lunch & Tidy up Canvas Painting: On the Farm Life Skills: How to meet new people Pic Bingo	19th	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Art Classes at VISAC GALLERY 1:30PM TO 2:30PM Activity Sheet - winter safety	20th	Rise & Shine Time Life Skills: Goal Activity Life Skills - We Have Human Rights: Exploring the handbook Lunch & Tidy up Arm Chair Travel: Alberta - Our neighbors Mix & Mingle Madness	21st	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Bowling Water the plants
24th	Rise & Shine Time Life Skills - Shopping and Budget Cooking Group - Chicken Stir Fry and Kitchen Safety Skills Lunch & Tidy up CVL / Book Buzz - This Moose belongs to me Lego Building Crew	25th	Rise & Shine Time Games Group Lunch & Tidy up Painting / Craft - Winter scene Life Skills Workshop: Healthy Eating Pic Bingo	26th	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Art Classes at VISAC GALLERY 1:30PM TO 2:30PM Activity Sheet - Guess the Christmas songs	27th	Rise & Shine Time Life Skills: Goal Activity Life Skills - We Have Human Rights: Exploring the handbook Lunch & Tidy up Life Skills: Shopping & Christmas Baking Dice Game	28th	Rise & Shine Time Music with Todd 9:30am to 11am Lunch & Tidy up Life Skills: Shopping & Christmas Baking Water the plants

Rise & Shine time is our time to settle in, discuss current events, be active with am wellness and work on personal goals!!
Cost Break Down - November 3rd \$5.00 Cafe social / November 21st \$7.00 Bowling / November 24th \$6.00 Cooking Group
REMEMEBER TO DRESS FOR THE WEATHER!!