

Manic MONDAY Mind	Tricky TUESDAY Soul	Wandering WEDNESDAY Body	Tired THURSDAY Ying & Yang	Fantasy FRIDAY Fun Day	Schedule/Day Program Routine
<p>SEPTEMBER CALENDAR!</p>	<p>1</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Halloween Decorating Party!!! <p>[TAAC Maintenance]</p>	<p>2</p> <ul style="list-style-type: none"> - Swimming 1pm; - Morning Stretch & Energize; - Learn about Body Movement; - Halloween <i>spooky</i> crafts; <p>[TAAC Maintenance]</p>	<p>3</p> <ul style="list-style-type: none"> - Recycling "SG"; - Where is the Columbia River & What is unique about it? <p>[TAAC Maintenance]</p>	<p>4</p> <p>Visac Art Gallery & Lunch @ Selkirk College (\$8 p/p)</p>	<p>Welcome to Day Program</p> <p><i>We try our best to stick to the following routine daily, unless otherwise stated:</i></p> <p>8:00am – 9:00am: arrivals & day prep;</p> <p>9:00am – 9:30am: Coffee/Tea & peer to peer social time;</p> <p>9:30am – 10:00am: Clean-up & TAAC Maintenance;</p> <p>10:00am – Noon: activity/craft/workshop/ community outing;</p> <p>Noon – 1:00pm: Lunch & clean-up;</p> <p>1:00pm – 2:00pm: activity/craft/workshop/ community outing (may be continuance from the morning);</p> <p>2:00 – 3:00pm: winding the day down, peer to peer social time, movie, discussions, health & safety drills, TAAC maintenance.....</p> <p>3:00 – 4:00pm: good-byes, clean-up & farewell for the day!</p> <p>* Pre-Selected Groups "SG": are not open to everyone individuals are pre-selected based on varied requirements.</p>
<p>7</p> <ul style="list-style-type: none"> - Recycling "SG"; - Event Planning; - Book Club – My Story; <p>[TAAC Maintenance and Health & Safety]</p>	<p>8</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Workshop: Tell Me About Thanksgiving? <p>[TAAC Maintenance]</p>	<p>9</p> <ul style="list-style-type: none"> - Swimming 10am; - 80's Aerobic Fun (come dressed in your favourite 80's Aerobic wear!); - Armchair Travel: Where are the Pilgrims from? <p>[TAAC Maintenance]</p>	<p>10</p> <ul style="list-style-type: none"> - Recycling "SG"; - Thanksgiving Craft; - Afternoon Board Games; <p>[TAAC Maintenance]</p>	<p>11</p> <p>Bowling 1–3pm @ Glenmerry Bowl (BYOL _ \$10 p/p)</p>	<p>10:00am – Noon: activity/craft/workshop/ community outing;</p>
<p>14</p> <p>CLOSED</p>	<p>15</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Workshop: Respectful Communication with practice dialogue sessions; <p>[TAAC Maintenance]</p>	<p>16</p> <ul style="list-style-type: none"> - Swimming 1pm; - SmokeEaters Dressing Room Tour (meet 10am at front entrance of Arena); - Halloween <i>spooky</i> crafts; <p>[TAAC Maintenance]</p>	<p>17</p> <ul style="list-style-type: none"> - Recycling "SG"; - Calendar Team Planning Meeting 10am-11am; - Break-Out Focused Discussion Groups: Mens Group / Ladies Group; <p>[TAAC Maintenance]</p>	<p>18</p> <p>LET'S CELEBRATE CLBC (prepare for community delivery)</p>	<p>2:00 – 3:00pm: winding the day down, peer to peer social time, movie, discussions, health & safety drills, TAAC maintenance.....</p>
<p>21</p> <ul style="list-style-type: none"> - Recycling "SG"; - CVL Visit "SG"; - Book Club – Sharing My Story; <p>[TAAC Maintenance and Health & Safety]</p>	<p>22</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - MIDAS Lab Tour (leaving TAAC 10am); <p>[TAAC Maintenance]</p>	<p>23</p> <ul style="list-style-type: none"> - Swimming 10am; - CLBC Month community <u>delivery</u> then out for hot chocolate to warm up; <p>[TAAC Maintenance]</p>	<p>24</p> <ul style="list-style-type: none"> - Recycling "SG"; - Let's Learn about the Climate Change & Develop a TAAC Climate Action Plan; <p>[TAAC Maintenance]</p>	<p>25</p> <p>Scary Movie ① TAAC with Popcorn</p>	<p>3:00 – 4:00pm: good-byes, clean-up & farewell for the day!</p>
<p>28</p> <ul style="list-style-type: none"> - Recycling "SG"; - CVL Visit "SG"; - Book Club; <p>[TAAC Maintenance and Health & Safety]</p>	<p>29</p> <ul style="list-style-type: none"> - Recycling "SG"; - Bottle Recycling & Depot; - Workshop: What are the origins of Halloween? <p>[TAAC Maintenance]</p>	<p>30</p> <ul style="list-style-type: none"> - Swimming 1pm; - Lap Challenge at the Trail Arena; - Workshop: What is Nutrition? <p>[TAAC Maintenance]</p>	<p>31</p> <p>Halloween Costume, Pizza & Dance Party 11:30am – 2:00pm (\$10 p/p)</p> <p>RSVP by October 24 @ 4pm</p>	<p>*** Reminder: please let us know in advance if you are joining us to ensure seating capacity and enough materials! This applies to Day Program Participants as well!!!</p>	<p>All activities are accessible to everyone unless this symbol is beside the activity.</p>