






COMMUNITY SUPPORT OCTOBER 2021 GROUP CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
<p>October is Community Living Month! "Community Living month is to celebrate inclusion and raise awareness of people with disabilities as fully participating members of our society."</p> 				<p>1</p> 	<p>Tuesday Games Group 9-12 Meet at The Youth Centre</p>
<p>4</p>	<p>5 Games Group Jumanji board game</p>	<p>6 Health & Fitness Virtual 5k</p>	<p>7 Social & Rec Group moved to Oct. 9 Dinner & Smoke Eaters Game Meet at McDonalds 5PM Bring Vaccine Passport!</p>	<p>8</p> 	
<p>11</p> 	<p>12 Games Group Shuffle Board</p>	<p>13 Health & Fitness Circuit Training</p>	<p>14 Social & Rec Work on Community Living Month poster. Leave messages on Health Hero Hotline.</p>	<p>15</p>	<p>Thursday Social & Rec 1:30-7:30 Meet at TAAC Unless otherwise stated</p>
<p>18</p>	<p>19 Games Group Logo quiz board game</p>	<p>20 Health & Fitness How food fuels your body</p>	<p>21 Social & Rec Disk Golf</p>	<p>22</p>	
<p>25</p> 	<p>26 Games Group Pool and foosball</p>	<p>27 Health & Fitness Laps/stairs at the Arena</p>	<p>28 Social & Rec Carve pumpkins & Halloween movie</p>	<p>29</p> 