



SELF ADVOCACY GROUP

SELF-ADVOCACY
IS THE ABILITY TO ARTICULATE
ONE'S NEEDS & MAKE
INFORMED DECISIONS
ABOUT THE **SUPPORT**
NECESSARY TO MEET
THOSE NEEDS.

KNOWLEDGE OF RIGHTS LEADERSHIP SKILLS KNOWLEDGE OF SELF COMMUNICATION SKILLS

Trail Association for Community Living
& Host -Crystal B.

May 19th from 4-7 pm at Trail Association Activity
Center 1769 Riverside Ave.

Snacks and Refreshments Provided

ALL WELCOME

RSVP at 250 368 3503 ext. 8 by May 12th