



SELF ADVOCACY GROUP

SELF-ADVOCACY
IS THE ABILITY TO ARTICULATE
ONE'S NEEDS & MAKE
INFORMED DECISIONS
ABOUT THE **SUPPORT**
NECESSARY TO MEET
THOSE NEEDS.

KNOWLEDGE OF RIGHTS LEADERSHIP SKILLS KNOWLEDGE OF SELF COMMUNICATION SKILLS

Trail Association for Community Living
& Host -Crystal B.

January 26th at Trail Association Activity Center 1769
Riverside Ave.

1 year of Self Advocacy Social!

4-5pm Planning for 2024.

5-7pm Refreshments, Music and Games

ALL WELCOME