

Community Support September 2023 Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Group Info
	WELCOME SEPTEMBER			1 Friday Life Skills & Culture Group Life Skills: Problem Solving and Critical Thinking	Wednesday Cooking Group 3:00-5:45pm Meet at TAAC
4 LABOUR DAY HOLIDAY TAAC CLOSED	5	6 Cooking Group 3:00-5:45pm @TAAC Tuna Melts 	7 Social Rec 12:30-5:15 pm @TAAC Rossland Museum \$15p/p 	8 Friday Life skills & Culture Group Culture: Cuba; craft to follow 	Thursday Social Recreation 12:30 -5:15pm Meet at TAAC Unless otherwise stated
11	10	14 Cooking Group 3:00-5:45pm @TAAC Workshop: Tips for grocery budgeting and activity	15 Social Rec 12:30-5:15 pm @TAAC Disc Golf and Snack \$10p/p	16 Friday Life skills & Culture Group Life Skills: Understanding Myself; self authoring my story.	Friday Life skills & Culture Group Meet at TAAC 1:00-3:45pm
18	19 	20 Cooking Group 3:00-5:45pm @TAAC Chicken Pot Pie	21 Social Rec 10:00-3:00 pm @TAAC CLBC ANNUAL PICNIC GYRO PARK	23 Friday Life skills & Culture Group Culture: Norway; craft and snack to follow.	RSVP deadline for next weeks' events
25 ***Remember to bring sunscreen, towels, bug spray, water & other supplies as needed to outdoor events***	26	27 Cooking Group 3:00-5:45pm @TAAC Workshop: Canada Food Guide & dietary needs	28 Social Rec 12:30-5:15 pm @TAAC MINI GOLF 	29 Friday Life skills & Culture Group Life Skills: Laundry and sewing basics; hands on sewing fun.	RSVP 250-368-3503 Extension 8 Community Support